



# Transcript

## Anna - Lesson 7, Audio 1



Play 'Anna - Lesson 7, Audio 1' **or** read this transcript during  
'Positive Personal Traits' lesson introduction.

### Anna

Hi everyone. I'm Anna and sometimes I have to sit next to Claire in school. She is a really funny girl and always makes me laugh. And she is an amazing artist and actually quite talented. But nobody really knows that because she always messes around in class, refuses to do her work and constantly interrupts Mr Robinson whenever he's trying to teach.

She loves to pull pranks in class as well. (smiles) I'll admit, they do make me laugh, but sometimes I wish she would just calm down a little bit and get on with her work so that I can concentrate.

Last Christmas my mum got me a journal. In the journal it asked me to make a list of all of the good qualities I think I have, and a list of qualities I wish I had. I think Claire would find something like this useful because she has so many amazing qualities such as being funny and creative. Maybe if she made a list she would realise that she doesn't always have to pull pranks and be funny as it might remind her of how there's so much more to her than that.