



Zoomanji Activity Pack: Lesson 7

Lesson Title: Positive Personal Traits

Description: A combined art and PDMU lesson used to help the pupil's increase their creative confidence, boost their self-esteem and set positive goals for the future.

Learning Intentions	Activity	Resources	Points to Note
Pupils will:	Introduction	Anna audio:	Cross curricular link; Art
Be able to develop their	Play audio entitled 'Lesson 7, Audio 1' in which	Lesson 7, Audio	& Design and PDMU.
own creative style.	Anna speaks to the pupils.	1 & Transcript	Drama character link:
Use artistic techniques:	Class discussion focussing on what is meant by	Anna audio:	Claire.
tape resistance and	a 'positive trait' and the different ones pupils	Lesson 7, Audio	Instead of playing the
splatter paint	may have.	2 & Transcript	audios, the teacher may
Be able to identify	Teacher can help add specific examples of when	PowerPoint	wish to read 'as Anna'-
positive traits about	a member of the class has displayed a	Worksheet	if so, transcripts are
themselves and their	particular trait, using examples from the	White card	provided.
peers.	PowerPoint. Tougher issues such as bullying	Masking Tape	This lesson is a nice step
Develop their self-	may be tackled as well, where the teacher can	Acrylic Paints	away from the every-
confidence in their own	mention when a pupil has been brave or	Paintbrushes	day academic learning
abilities, talents and	forgiving (without mentioning specific pupil	Straws	and brings a focus to
traits	names/instances)	Black	each child's self-



Pupils will fill out their own section of the	Sharpies/biros	confidence and self-
worksheet by writing down positive traits they		esteem as well as acting
think they have and then pass it around the		as a nice peer bonding
class where different pupils will add positive		activity.
traits to their page.		Teacher should ensure
Main Activity		children take
Pupils will create their background by following		responsibility for tidying
the steps outlined below (PowerPoint to show		up their work area
pupils the steps and example images)		afterwards.
Place intersecting strips of masking tape across		
a piece of white card		
Paint over the entire page. Pupils can use one		
colour if they want to do multi-coloured paint		
splatters (or paint a multi-coloured background		
and then use white/black paint splatters)		
Splatter paint over the entire page. Different		
techniques can include flicking it off a		
paintbrush, placing drops onto the page and		
using a straw to blow the paint in different		



directions or by using the end of a paintbrush
to create random dots. Allow pupils to
experiment with different methods on scrap
paper if they want to practice first.
Carefully peel off the masking tape to reveal
the completed background
Plenary
Once paint has completely dried, pupils can use
black sharpie/biro to write their 'personal traits'
and 'future goals'.
Class discussion facilitated by the teacher to
make specific links to the character 'Claire' as it
helps pupils to recognise that despite being
labelled as a 'trouble maker' or 'class clown',
they have many other positive personal traits
that truly describe who they are and also help
them to choose traits they want to work
towards in the future.
Play audio entitled 'Lesson 7, Audio 2.' In



which Anna speaks to the class again.	

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