



Transcript

Lily - Lesson 4, Audio 1



Play 'Lily - Lesson 4, Audio 1' **or** read this transcript during
'Positivity Puzzles' lesson introduction.

Lily

I'm so fed up with people in my class being mean and...just horrible to others. What's the point? Does it make them feel powerful and popular and funny? (sigh/pause) People in my class think I'm shy and quiet, but the thing is, I see a lot of what goes on between people. They just don't realise it. I could write a list of things that Emily's done to make Mikey's life miserable so far this year. And even now, when we're doing school from home, she's still picking on him any time she gets the opportunity. I just don't get it. (pause) It's funny, Emily and I used to be best friends when we were younger. She used to be so kind and friendly to everyone in our class. I loved going round to her house after school and having dinner with her family...we were like sisters! But, she's changed so much over the past few years and I don't recognise her as 'Emily' any more.

She just stopped talking to me one day and now, it's like she's a completely different person. (pause) I miss her. But the way she's treating others at the moment is just wrong! It's not okay to make others feel bad about themselves, whatever her reason is for doing it. Why can't everyone just be kind to others? Say positive things, give encouragement, build each other up...it can't be that hard!