

Transcript Mia - Lesson 1, Audio 2



Play 'Mia - Lesson 1, Audio 2' **or** read this transcript during 'How Should I Respond?' lesson plenary.

Mia

We went back to school this week, like physically in school, and I'm so glad to be back. Some people in my class loved online learning, but not me. I missed everything about being in school - some people think that's weird, but I do really love school and I'd tell anyone that! (pause) I think our teacher picked up on the whole 'Emily vs Mikey' situation during that rather dramatic online class where everyone seemed to be getting themselves into trouble. Now we're back, we're doing a lot of afternoon classes about being kind and the importance of encouraging others and today, we got into groups and discussed different ways we could respond to different 'unkind' situations. For example, if you find out that your best friend has been spreading a rumour about you that's unkind and untrue, how should you respond? (smiles) If you asked me that a year ago, I would have more than likely said, 'Do the same thing - start spreading a rumour about your friend and that'll teach them'...but I didn't say that today. Like I told you, I've learnt my lesson, and I now know that responding to nastiness with nastiness is definitely not the right choice. (pauses) I think Mikey has learnt that now too. He was in my group during the lesson today and at one point, I heard him say, 'You should never fight back'. (smiles) If only we could all go back in time and give our younger-selves some advice!