

## Transcript Nosnibor - Lesson 12, Audio 2



Play 'Nosnibor - Lesson 12, Audio 2' **or** read this transcript during 'Zoomanji Musical Appreciation' lesson plenary.

## **Nosnibor**

Wow everyone! You have worked marvellously today! I hope you enjoyed that lesson, it might have been a little different compared to the music lessons you're used to, but you all were brilliant and stepped up to the task. Sometimes it's difficult doing things that you're not used to or doing things that you don't want to do, but it's so important that we push ourselves sometimes so that we can have new opportunities to learn new things. Sometimes this can be scary but doing things that we find scary will help us grow and prove to us how brave we really are. A lot of the characters from Zoomanji were scared when they were placed into the different rooms that they weren't used to, but they all faced up to their challenges and they came out stronger, happier and braver than they were when they first went in. This is very important for us all because when we face new challenges, like the Zoomanji characters, we will learn lots of information, we may learn things about ourselves and other people, and we know that we are equipped with the skills to overcome scary situations and any new challenges that we will face in the future.