



Follow the public health advice even after you're vaccinated.



GET



FRESH



KEEP



WEAR FACE



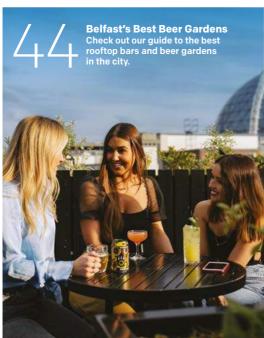
WASH

## visitBelfast

# Hello!



instagram@visitbelfast















With special thanks to our strategic and corporate partners Translink, Diageo NI, Value Cabs, and Belfast Waterfront.

Belfast Student Guide is available free from the Visit Belfast Welcome Centre and outlets across the city. Belfast Student Guide is produced by Visit Belfast 9 Donegall Square North Belfast BTI 5GB

Northern Ireland

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Our University and College partners are working hard to provide an authentic experience for students this year, whilst ensuring a safe and welcoming campus environment.

## Keeping vou safe on campus

A wide range of safety measures have been established to protect students including on-campus testing centres, social distancing measures, hand washing facilities, one-way systems and mandatory wearing of face coverings indoors.

## Playing your part

All students should follow the guidance supplied by your University/College and continue to adhere to protective measures and sensible precautions. to suppress coronavirus. It is important to follow the latest public health guidance and government regulations at all times and make sure to understand and follow the steps to take for reporting COVID-19.

## **Asymptomatic Testing**

You can avail of free on-campus asymptomatic testing or collect at-home test kits. This simple process is a step you can take to look after yourself and those close to you, providing additional reassurance and confidence for you and your family.

## **Vaccination**

The more of us who are vaccinated, the more it helps reduce transmission and the health consequences if you do catch the virus. The COVID vaccination is available to everyone over 16 in Northern Ireland. Find out how to book your first or second dose of the vaccine at: nidirect.

## gov.uk/covidvaccine

## **Student Wellbeing**

With life gradually returning to something more recognisable for us all, we understand that this may still be an anxious time for some in the University community. There are dedicated student wellbeing teams which offer access to a range of counselling, workshops and useful resources designed to help students develop and maintain their physical and mental health.





Keep updated with the very latest information on Coronavirus guidelines for Northern Ireland by visiting: nidirect.gov.uk/coronavirus





The new Ulster University Belfast campus on York Street is coming alive and will be welcoming students to this incredible new space from September 2021, and continuing throughout the academic year.

The state-of-the-art new 75,000m<sup>2</sup> campus offers over 300 formal and relaxed social learning spaces, a library, gym, gallery and the Students' Union. Choose from a range of dining options offering everything from food on the go to a catch up over coffee, or enjoy locally sourced food created and served by students in the contemporary and relaxed atmosphere of the 'Academy' restaurant.

The large open atria are inspirational spaces to relax with friends, chat between classes or meet up for informal study.

All 4 campus blocks, incorporating the renowned 'Belfast School of Art', come together via the iconic glazed link bridge that spans across York Street. The new campus will incubate and develop the cream of the University's creative talent, scientific expertise and enquiry, engineering innovation and entrepreneurial drive all under one roof.

With the vibrant Cathedral Quarter and the retail heart of Belfast on the campus doorstep, the city centre location offers an exciting experience to students with great living and leisure opportunities. It is also easily accessible by public transport, so car free travel gives you the freedom to explore and enjoy the campus and city.

We look forward to welcoming you to the new Belfast campus.

For more information visit, A New Chapter: ulster.ac.uk/anewchapter Student Guide: ulster.ac.uk/student/home Student Wellbeing: ulster.ac.uk/wellbeing

## **CHECKLIST:**

It's inevitable. As you transition from the comforts of living at home to single-handedly facing the big bad world, you will make your fair share of blunders. Here's a checklist of things not to forget as you pack up and wave goodbye to the folks.

## BANK ACCOUNT

OI)

Remember to shop around for a student bank account that works for you, and one that can give you a good interest-free overdraft.

## IDENTIFICATION



This is an obvious one, but it's easy to forget that I.D. will be necessary for registration and of course getting into bars and clubs!

## HEALTH



When moving to a new city, make sure that you register with a local GP and dentist, so that your medical details can be transferred.

## I APTOP

(04)

A staple for any student, laptops are essential for assignments, coursework and presentations.



## MOBILE PHONE



Shop around for different mobile networks if you are looking for a contract of your own, be realistic about the number of texts and calls you are likely to make and the amount of data you will need.

## SAFETY DEPOSIT BOX 66



Make sure to pack something to store valuables in, e.g. passports, jewellery etc.

## SET YOUR ALARM



Punctuality is key for university, especially if you've got 9 o'clock lectures to get to!

## BOOKS

**60** 

Prior to starting your course, you will most likely find that you have a required reading list, so it's worth checking what's on it before you arrive on campus, and seeing if you can source some of the books.

## STATIONERY

(05

Pens, paper, folders and files are going to be must-haves for your first few weeks so make sure you're stocked up!



A new city and a new university might give you a chance to re-invent your wardrobe, so keep an eye out for those all-important student shopping night events! Lots of stores offer student discount all year round, so make sure you always bring your student card when you're shopping!

## **INSURANCE**

U

Make sure you shop around for a decent student insurance provider, as loss of personal possessions in student housing can be a risk.

## TU LICENCE



The law still applies to students, so check the TV licensing website to see if you're covered.



**BOOK NOW AT COLINGLEN.ORG** 

## **CITY AREAS**



For locations, check out our handy map on pages **64-65**.

Exploring a city can be tricky if you don't know your way around, or even what to look out for. Get a flavour of Belfast with this taster to help navigate your way around the city's areas and quarters.



## CITY CENTRE

Home to the iconic Belfast City Hall, St George's Market and the main shopping district. You'll be spoilt for choice with the abundance of cool cafés, great pubs, trendy bars and an amazing restaurant scene. Start off in the Visit Belfast Welcome Centre (opposite City Hall) to pick up information, book tours and find out everything to make the most of your time while studying in Belfast.



## CATHEDRAL QUARTER

Packed full of fascinating architecture, buzzing beer gardens, trendy warehouse restaurants. cobblestoned streets. and colourful street art this area of town contrasts the old with the new, with St. Anne's Square, home to the Metropolitan Arts Centre (MAC) and a piazza of welcoming eateries, alongside some of the oldest streets in Belfast.



## LINEN QUARTER

Belfast was once nicknamed "Linenopolis" as it was the world leader in the production of linen in the 19th Century. Just south of City Hall, you can enjoy the architecture of the old linen mills which house a mix of offices, chic bars and renowned restaurants. This is a great part of town to enjoy dinner and drinks.



## TITANIC OUARTER

Steeped in memories of a bygone era, the Titanic Quarter is now a fun and energetic urban waterfront development. Visit or take a tour of the many historic and state-of-the-art Titanic visitor attractions, or simply stroll around the Maritime Mile to learn more about the city's shipbuilding heritage.



## QUEEN'S QUARTER

The area surrounding Queen's University is a treasure trove of eclectic shops. boutiques, cafés, affordable places to eat, bars and art galleries. Visit the collections of the Ulster Museum, sign up for a class in the Crescent Arts Centre, enjoy world cinema at QFT, chill out in Botanic Gardens or take a jog along the banks of the River Lagan.



## GAELTACHT QUARTER

The centre for Irish language, music and culture is in the west of the city. An Cultúrlann showcases cultural Irish Gaelic traditions and contains a restaurant, gift shop, theatre and gallery. Explore the stunning Clonard Monastery or enjoy the 3 mile Divis Summit Trail, a specifically designed loop walk on Divis Mountain with spectacular views over Belfast



## EAST SIDE

EastSide was once the beating heart of the city's industrial past with thousands of people employed in linen mills, rope factories, engineering works and shipyards. EastSide is now thriving once again but this time as a hub of culture and creativity. Make the EastSide Visitor Centre your first stop, with information on key attractions in east Belfast.



## THE SHANKILL

Straddling North and West Belfast, the Shankill is home to a wide collection of painted murals depicting the social and political history of the area. Places of interest include the Peace Wall, the Old Shankill Graveyard, dating back to the 14th century, the Shankill Memorial Park and the ancient Bullaun Stone. The Spectrum Centre, a major landmark in the area, hosts a range of events and exhibitions.



## **STUDENTS**

EXPERIENCE THE LEGEND OF TITANIC FOR ONLY £15.50\*

ADVANCE BOOKING ONLY AT TITANIC BELFAST. COM



\*Available Mon-Fri only. Valid student ID required

## **Bucket List:**

No matter how long you are studying in Belfast, make sure to tick off our bucket list of must-do's during your time in the city.

## **OUTDOORS**



## Chill out in the grounds of City Hall

A popular green space right in the heart of the city, with park benches and a large lawn it's the perfect sunspot for lying around with a book, an ice-cream or takeout lunch.

## SFF



## **Kiss the Big Fish!**

Legend has it that if you kiss The Salmon of Knowledge (affectionately known as The Big Fish), you'll gain all of its wisdom - it's got to be worth a try! The beautiful blue scales are made up of ceramic tiles describing different scenes from the city's history.

## OUTDOORS



(04)

## EXPERIENCE

Visit Titanic Belfast



Explore the shipyard, walk the decks and travel to the depths of the ocean to uncover the true legend of Titanic, in the city where it all began.

## Take a trek up Cavehill

Spectacular views of the city await you at the top of this popular walking trail, so pack a picnic and pull on your hiking boots to see Belfast in all its glory.

## **SPORT**



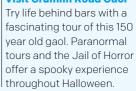
## EXPERIENCE



## Watch an Ulster Rugby game

Ulster play games regularly at the Kingspan Stadium in the east of the city. Tickets may be limited for a while so find a pub with a big screen to catch all the action #SUETUM

## **Visit Crumlin Road Gaol**









## visit Belfast



## **NIGHTLIFE**

## **Rooftop Cocktails**

Belfast is now home to an array of rooftop bars. a great way to take in the city views whilst having a sip. Some of our favourites include The Perch, Babel, The Observatory and The Loft.



modern street art scene. Take some time to stroll around the area to view in the alley off Commercial Court, which contains a mural of some of Belfast's

## PUB

## Have a pint in one of Belfast's oldest pubs

Make a stop at one of the city's historic hostelries including the Crown Bar. Kelly's Cellars or McHugh's. where you can enjoy great beer and maybe a spot of traditional music



## COMEDY

(09)

## Laugh your leg off at Pug Ugly's comedy night

Enjoy a great line-up from the local comedy circuit at Pug Ugly's (check dates online). It's a night of all-round great fun!

## **Discover some Urban Art**

The Cathedral Quarter offers a distinctly varied and these amazing pieces of art and don't miss the fabulous ceiling of colourful umbrellas most famous faces.

## CAFÉS

## **Treat yourself** to a Belfast Bap

Nothing says Belfast like an Ulster Fry or a good old Belfast Bap. The city is brimming with tasty spots for breakfast and brunch. but there's no greater spot to enjoy the 'bellybusting' Belfast Bap than St George's Market.

## Take a Game of **Thrones tour**

Home to more locations from the Seven Kinadoms than anywhere else in the world. Northern Ireland truly is Game of Thrones territory, so take a tour to experience it for yourself.

## **Hire a Belfast Bike**

Hire a bike from one of the 40 docking stations located across the city to explore the flat paths along the trafficfree Lagan and Lough Cycle Way, for a picturesque day out on two wheels.

## Ireland's first and only Alpine coaster!

Experience this adrenalinepumping woodland course and zoom through Colin Glen Forest at 25 miles per hour, twisting and turning to experience the outdoors like never before!



# **EXPLORE** THE CITY



A great way of getting familiar with your new home city is to take a tour, and we've got a great selection of unique and quirky ways of getting to know the real Belfast.

## Belfast Traditional **Music Trail**

A unique way to experience delicious food and drink Irish music. With two professional musicians as your guides, walk through cobbled alleyways, past famous landmarks and on to private bars in some of the city's oldest buildings. At each of the three stops vou will be treated to a performance of traditional tunes, songs and stories. Starts in the Dirty Onion at 4pm every Saturday.

belfasttradtrail.com

## Food & Drink Tours

There are a number of tours on offer in and around the city. Choose from the Belfast Food Tour around the city's gastronomic hot spots, the Belfast Gin Jaunt around the best cocktail. bars, the Crafty Beer & Street Eats tour around the best beer bars or the Whiskey Walk around the Cathedral Quarter tasteandtour.co.uk

## Belfast Noir

A walking tour that explores Belfast's influence and rich history in Film, TV and literature. Learn all about the bizarre and 'noir' side of Belfast with your tour guide - a local crime writer. Topics include The Fall, Line of Duty, Odd Man Out, Game of Thrones, Colin Bateman and the local 'Ulster Noir' literature scene

belfasthiddentours.com/ belfast-noir



## 4 Coiste Irish Political Tours

Experience a bus or walking tour with trained tour guides from the Republican and Loyalist ex-prisoner community who give a truly unique insight into the British - Irish conflict, and how it has shaped their communities. Recently listed as one of Europe's most alternative city tours. coiste.ie

## 5 Eazy Riderz Bike Tours

Get camera ready for a 2 hour electric bike tour around the top 10 Instagrammable locations in Belfast. Full safety briefing and all equipment is provided. Tours can take up to 6 people eazyriderz.com

## 6 Street Art Walking Tour

As you stroll the city streets, you'll stumble across world-class masterpieces in the most unexpected nooks and crannies around the city. Take a tour to understand Belfast's relationship with street art and how the narrative of the city is changing. seedheadarts.com/

## seedheadarts.com/ street-art/walking-tour

## DC Self-Guided Audio Tours

Explore the city at your own pace with a range of audio tours to take you on a journey through the city's history, culture, architecture and stories. The 'Best of Belfast City Trail' is available on the DC Tours app in English, Spanish and French.

deadcentretours.com

## 8 Belfast Free Walking Tour

Discover the history of the city and its people with a passionate and entertaining local guide. This tip based 2 hour walking tour is available in English or Spanish and departs daily at 11am and 2.30pm from the front of Belfast City Hall - look out for the yellow umbrella!

## belfastfreewalking tour.com

## The James Connolly Heritage Trail

Take a walking tour of the city using a new innovative augmented reality app, to be transported back in time to experience James Connolly's Belfast and bring his story here to life.

arasuichonghaile.com

For more inspiration, see visitbelfast.com

## **BUDGET BELFAST**

There are loads of fun, fascinating and free things to do around Belfast, so if you're on a budget, here are some tips for a day out that doesn't cost a bundle...







## **Belfast City Hall**

This iconic building is currently closed to the public, however the grounds contain a wealth of memorials to the history, people and events associated with the city. Visit the Cenotaph, built in memory of all those who died in the First World War and the Titanic Memorial Gardens which name all 1.512 victims of the disaster

## Ulster Museum & Botanic Gardens (91)

Enjoy the impressive galleries and interactive discovery zones that bring history, science and art collections to life. Plus visit Botanic Garden's for a relaxing stroll around this stunning city park.

## Cave Hill

Offering spectacular views over the city. a trek up to the top of Cave Hill is well worth the effort. At the base you can explore the gardens of the stunning Belfast

Castle, one of the city's most beautiful buildings.

## The MAC

Open 7 days a week, the MAC includes three outstanding free admission art galleries within its impressive six-storey building, offering a wide-range of exciting exhibitions, newly commissioned works and monumental sculptures.

## St George's Market

Oozing Victorian charm, the Friday, Saturday and Sunday markets offer some of the finest fresh produce, local arts and crafts. Make a stop for brunch and soak up the atmosphere.

## **CS Lewis Square**

Rediscover The Chronicles of Narnia with a walk through CS Lewis Square. Featuring seven bronze sculptures from 'The Lion. The Witch and The

Wardrobe', it is a stunning display of nublic art

## Linenhall Library

The city's oldest library (1788) houses one of the most renowned collections of Irish material in the world. Browse the collections, visit the aift shop or relax in the coffee shop.

## The Dome at Victoria Square @2

Boasting 360° views across the city, don't miss taking the lift to the top of this stunning shopping destination. In house tour quide Gerry is on hand to point out local attractions and points of interest

## Cultúrlann McAdam Ó Fiaich

Discover a varied programme of Irish language and cultural events as well as a café/restaurant. bookshop, art gallery and visitor information.

## Discover Ulster-**Scots Centre**

Discover more about the Ulster-Scots heritage and how they emigrated around the world to become some of the more important world leaders and entrepreneurs in history.

## Stormont Parliament Buildings @3

Home to the NI Assembly and one of the most striking pieces of architecture in Northern Ireland Eniov a walk around the stunning 407 acre Stormont Estate.

## Political Murals

You can learn more about the history of 'The Troubles' with a walk along two of the most prolific areas in Belfast, the Falls Road and the Shankill Road, to view these amazing works of art.

## See visitbelfast.com

for more information on free things to see and do in the city.



## tips

Look after the pennies and the pounds will look after themselves! Don't be wasting your money unnecessarily, when there are so many things you'll be wanting to do in your first term. Check out our top money saving tips.

## RECEIPT TREATS

If you get a taxi with Value Cabs, don't forget to ask for a receipt. Their Receipt Treats scheme offers exclusive offers and discounts with a wide range of local businesses including restaurants, cafes, entertainment venues and clubs. Just present a Value Cabs receipt within 7 days of your journey.

## **SAVE ON TRAVEL!**

With a Translink yLink card, you will get a massive 1/3 off all Translink bus (including Glider) and rail travel across Northern Ireland, plus up to 50% off the Belfast-Dublin Enterprise service.

## DISCOUNT STORES/ POUND SHOPS

Key essentials like toothpaste, deodorant and shower gel are normally much cheaper here than in the supermarket or the local shop, so it's worth shopping around and stock up whilst you're there!

## SUPERMARKET OWN BRANDS

Lots of own brand products taste exactly the same as their far more expensive counterparts – so have a think before you lift that big brand and pay double! Also, many supermarkets have great reductions on short-date items, so look out for the yellow stickers. Great for picking up bargains for the freezer or if you're looking for something to eat the same day.

## TRIM THE COST OF A HAIR CUT

Many salons offer student discount, and it's even cheaper to get your hair cut at a training college. If you're happy to queue, head down to the Academy Hair & Beauty Training School on Brunswick Street or Rosemary Street, or book an appointment for the open clinics at Urban Escape in Belfast Met's Titanic Quarter campus.

## **FILL A TROLLEY AT IKEA**

For all your kitchen, bedroom and living room essentials, it's definitely worth a trip to IKEA. You won't believe the bargains.

## **SCOUR DISCOUNT SITES**

Students can access big savings with UNIDAYS, TOTUM and Student Beans, offering free discounts for sixth form, college and university students for everything from fashion and food to fitness. It's also worth checking out discount websites like Groupon, Pigsback and VoucherCloud. Sign up for the daily email alerts to keep an eye on the top offers.

Shopping in Belfast is a dream come true for fashionistas, savvy shoppers and foodies alike, with a huge variety of high street favourites, independent retailers, speciality emporiums, exclusive boutiques and traditional markets.

## RETAIL THERAPY



## Victoria Square

Belfast's premiere shopping destination features over 70 stores including House of Fraser, Apple. Urban Outfitters, Pull & Bear, Hollister and Vans The centre is also home to a variety of cafés and restaurants as well as the Odeon cinema. Student offers include 10% off at Mango, Tommy Hilfiger and FatFace and 30% off at Pizza Express. Don't miss their Student Day promotional event on 5 October. SEE MAP (D4)

## Castle Court

This one-stop shopping spot on Royal Avenue is home to a whole host of vour favourite fashion stores including; Jack & Jones, New Look, Miss Selfridge. Dorothy Perkins and Burtons as well as popular plus size stores Evans and Yours Clothina, There's 15 great food outlets to choose from and on-site parking.

Don't miss the Big Discount Night on 30 September, 5-9pm with student goodie bags and job fair. SEE MAP (C3)

## Donegall Place

In the heart of the City Centre you will find the main shopping district. lined by eight huge masts which represent famous ships that were engineered and built in Belfast. You will find everything from big brand chain stores and bijou boutiques to gourmet coffee shops and delectable local delis Don't miss the historic and charming Queen's Arcade, containing many of the city's more opulent stores.

SEE MAP (D4)

## Hidden Gems

From cool boutique to so unique, Belfast has some hidden gems on our side streets that are very worth exploring. Happy hunting!



## Born & Bred

A unique treasure trove located on Ann Street showcasing a range of unique gifts for friends, family and you. All products are created by local makers and celebrate Belfast, Northern Ireland and beyond.



## Unique

Browse this student led art and design shop located at Ulster University in Cathedral Quarter, where you can purchase bespoke pieces from an array of art and design. ulster.ac.uk/artshop



## Belfast Christmas Market

The Christmas Market at Belfast City Hall is returning in 2021. Indulae in the fantastic smells, sights, crafts, food, drinks and festive atmosphere at this popular event from 20 November - 23 December



## St George's Lisburn Market

Get down to St George's Market and experience the wonderful atmosphere. with street food from around the world, and an amazing selection of traders and stalls offering some of the finest local produce, arts and crafts. The Friday Variety Market is open 6am-3pm, the Saturday City Food & Garden Market is open 9am-3pm and the Sunday Market is open 10am-4pm. SEE MAP (D4)

## Road

This walkable Queen's Quarter stretch has a sprinkling of designer boutiques, art galleries, home accessories and to-die-for shoes, iewels and lingerie. Bespoke baby aifts, melt-in-the-mouth chocolates and relaxing day spas are all there for the asking. With an assortment of cafés, bars and restaurants you can easily make a day of it.

SEE MAP (A8)

## Outlet Shopping

## The Boulevard in

Banbridge offers all your favourite brands at iawdropping prices in a relaxed and stylish setting. Make a day of it with a selection of eateries and an 8-screen cinema The Junction

## Retail & Leisure Park in

Antrim is a bargain hunters dream come true with over 30 retailers, a wide range of places to eat and drink. activities for the kids and a 10-screen cinema



Belfast packs a punch when it comes to high quality speciality coffee, with excellent baristas, funky interiors and, of course, an excellent cuppa, you'll be kick starting your day the right way.

What's more, many of these local gems stay open late, hosting everything from craft circles and acoustic music to regular board game nights, dishing up fabulous treats and keeping the caffeine flowing for late nights in the library! Here are a few of the best ones to check out:

## **CLEMENTS**

One of the longest established locally-owned coffee chains, Clements is a firm favourite offering great coffee and tasty treats. They pride themselves on being passionate about the products they sell, and you can visit them at a number of locations across the

city centre and Queen's Quarter including Queen's University's PEC, MBC, Elmwood Avenue and McClay Library and also The Mall at Ulster University.

## **ESTABLISHED COFFEE**

Established was one of the first trailblazers on Belfast's coffee scene and is probably at the top of many a Belfast coffee lover's list. It's located in Belfast's trendy Cathedral Quarter and is a hipster's paradise, with industrial bare cement floors and walls and plenty of plug sockets to hook up your MacBook. Not only do they make amazing coffee, but the food is top notch also.

## **KAFFE O**

Kaffe O brings a little Scandinavian charm to Belfast — as well as great coffee. This Nordic-inspired coffee house has branches on Botanic Avenue, Ormeau Road as well as their kiosk on Donegall Square North opposite Belfast City Hall. Their coveted blend is the reason for their success, which is imported from Ricco's Kaffe bars in Copenhagen.

## **GROUND ESPRESSO BARS**

A local coffee chain which prides itself in maintaining a welcoming atmosphere producing excellent coffee, served with innovation in an ethical manner. In Belfast you'll find them at Victoria Square, Queen Street, Waterstones on Fountain Street and Next on Donegall Place.

## **OH DONUTS & COFFEE**

Serving gourmet, handcrafted donuts and speciality coffee at Upper Arthur Street, in the heart of Belfast's city centre. A rotating array of beans can be matched with your pick of the daily doughy delights as espresso based drinks or batch filter.

## STARBUCKS

Found on street corners in cities across the globe, the green-aproned baristas



have become the mascots of many people's morning routine. Concerned with more than flavour, Starbucks strives to fill its menu with responsibly sourced coffee, cocoa and tea that protect the farmers and bioregions they come from.

## 5A

One of the smallest cafés on this list, but what it lacks in size it certainly makes up in heart. Located a stone's throw from Stranmillis College beside the Lagan towpath, it started off as a cyclist-focused café yet quickly became popular with people from all walks of life. It has a cosy atmosphere, great coffee, an Australian-inspired menu and its own little library of books in the corner.

## THE DOCK CAFÉ

The Dock Café is perhaps one of the most interesting and eclectic cafés in Belfast. Run by volunteers and based in the Titanic Quarter, it's an 'Honesty Box' café which means it doesn't charge for the food and drinks served; it simply asks for donations based on what you think your order is worth.

## ROOT & BRANCH CAFÉ & ROASTERS

A roastery & brew bar on the Newtownards Road, it's a place for creativity, experimentation and regular new roasts. Most of all, it's a place where you can have a wonderful cup of coffee or buy some beans to bring home. They also offer a carefully curated programme of events designed to elevate your coffee experience.

## **GUILT TRIP**

This destination coffee and donut shop is the brainchild of Ulster Rugby stars, Callum Black and Darren Cave.
Guilt Trip is one of the newest coffee spots in town, serving aeropress, batch and some seriously tasty donuts.
With two stores in Belfast to choose from, the East Belfast Original on Orangefield Lane or Southside on Lisburn Road, you can pre-order your donuts for pick-up.

## DISTRICT

District is an independentlyowned coffee shop/deli serving fine coffee and great food on Stranmillis Road, Lisburn Road and Ormeau Road, with loads of vegan and vegetarian options. District uses local roaster, Bailies, with single-origins served on espresso and pour-over through the V60.

## THE POCKET

A small, humble establishment in the city centre located in the Flat Iron Building on Upper Church Lane, serving high quality fresh food with a delicious brunch style menu. Enjoy great coffee, hot chocolate and iced teas in a chilled atmosphere.

## **LAMPPOST CAFÉ**

For something a little bit different, check out this CS Lewis-themed café on the Newtownards Road. With a Narnia twist on tea shop decor, a ragtime soundtrack and everything served on vintage crockery, you will feel as though you have stepped back in time (or into the wardrobe!).

# dale farm PROTEIN MILK

# BUILDING STRENGT: EVEL STRENGT:





🗹 HYDRATE 🔛 RECOVER 🔛 REPAIR

## **FUEL YOUR SEMESTER**

PICK UP A BOTTLE FROM YOUR LOCAL STORE TODAY!

## **KEEP FIT:**

It can be hard staying fit and healthy if you are a student. Between exams, looming assignment deadlines and trying to maintain a social life, it's not always easy to eat well or fit in a workout. Here's some top tips to get some exercise into your new routine.



## JOIN A STUDENT CLUB 🚳

There's a multitude of sports that you can take part in while studying in Belfast, whether you're interested in social, club or performance sport. Check out what's on offer through your students union where you can get involved in everything from hockey, rowing, tennis, golf and athletics to more unusual options like Wado Ryu Karate, cheerleading, Aikido, under-water hockey and lacrosse.

## JOIN A GYM

If you are going to sign up to a gym, just make sure to get the best deal you can possibly get. Check which gyms offer student discounts, get an off peak membership, take advantage of free trials and do whatever you can to get the price down.

## STRESS BUSTERS

03

You're much more likely to reach for the junk food when you're feeling stressed. Download a mindfulness app, grab a yoga mat or go for a walk to clear your head. And during exam time in May, Streamvale Farm have student nights on Thursday's – so you can forget about revision and go and cuddle their pups and chicks, and feed their adorable lambs

## TRY SOMETHING NEW (4)

It doesn't have to be all about treadmills and weights - try an indoor skydive or the Ninja assault course at WeAreVertigo. get together for a round of golf with a difference at rainforest-themed Lost City Adventure Golf, test vour head for heights with some challenging fun at Clip 'n Climb, or check out SKYTrek - Ireland's premier high and low ropes activity centre at Colin Glen Forest Park which also includes zip lines and the Black Bull Run Alpine Coaster.

(02)

## 5k PARKRUN

(05)

Parkrun operate free 5km (3.1 mile) timed runs at 9 different locations in Belfast on a Saturday morning at 9.30am. You can sign up online, bring along your personalised barcode and track your performance, or just do it for fun! Many of the venues even offer refreshments afterwards. Find your local run at parkrun.org.uk

## parki ari.org.ar

## TAKE A HIKE



Grab those walking boots, pack a picnic and set off on a hike – there's some great hiking trails on offer in the surrounding Belfast Hills, which offer fantastic views across the city and beyond. Download the Belfast Hills app to choose your trail and find out more.

## **GET 'APPY!**



There are a load of fitness apps popping up all over the place that will help you track your progress and work towards different goals. Instagram is also full of its own fitness celebs with God-like status – check out Joe Wickes, Kayla Itsines or local girl Maeve Madden if you haven't already.



FROM PARKS WITH BEAUTIFULLY MANICURED FLOWERBEDS TO RIVERSIDE TOWPATHS AND FOREST PARKS TO EXHILARATING COASTLINES, THERE ARE SOME FANTASTIC GREEN SPACES TO BE ENJOYED IN AND BEYOND BELFAST, SO PACK A PICNIC AND GET OUT TO ENJOY THE GREAT OUTDOORS!

For a city of its size,
Belfast punches well above
its weight in terms of the
variety and accessibility
of green space. You can
choose from over 70 parks
and open spaces within the
city boundary, including the
historic **Botanic Gardens**in Queen's Quarter, the
stunning **Stormont** 

Estate in EastSide and Sir Thomas and Lady Dixon Park in the south of the city, which is renowned for its International Rose Garden.

The city is bordered on three sides by hills and mountains where you can enjoy hiking trails and magnificent views of the Irish Sea to the east. In the north of the city, Cave Hill Country Park offers a more adventurous hike which rewards visitors with some of the best views over Belfast and beyond. Divis and Black Mountain offers a flatter Ridge Trail where on a clear day you can see the Mourne Mountains, Strangford





Lough, the Isle of Man and the coast of Scotland.

For runners and cyclists, the **Lagan Towpath** runs for nearly the entire length of the River Lagan, from the centre of Belfast to the neighbouring city of Lisburn or the **Connswater** 

Community Greenway

offers a 9km linear park through East Belfast. To enjoy one of the finest shoreline walks in Ireland, hop on a train to Holywood to the start of the 25km

North Down Coastal Path,

where you can find a variety of geological features, wildflowers, birds and seals.

## TOP TIP

Ormeau Park, near the River Lagan, is not only a great place to relax, walk or jog with friends but also offers a range of sports facilities including soccer pitches, bowling greens, a BMX track, and basketball, tennis and netball courts.

## Enjoy Our Award Winning Parks and Open Spaces

78 of Northern
Ireland's bestmanaged parks
and open spaces
have been
recognised
with the
international
standard of
excellence, the
Green Flag Award.



BELFAST IS A
GREAT CITY FOR
SPORTS FANS
WITH AMPLE
OPPORTUNITIES
FOR SPECTATING
AND TAKING PART!
HERE'S OUR
GUIDE TO FINDING
THE BEST OF
THE ACTION...

## **ULSTER RUGBY**

Ulster Rugby competes in the Guinness PRO14 and the Heineken Champions Cup with home games played regularly on Friday nights at the Kingspan Stadium. The season kicks off in September and runs through to the final of the Pro 14 in May. Due to Coronavirus restrictions. stadium capacity and tickets are currently limited, so if you can't get there in person make sure to find a big screen sports bar to catch all the action! #SUFTUM

ulsterrugby.com

## BELFAST GIANTS ICE HOCKEY

Belfast Giants home games take place nearly every weekend in The SSE Arena from October until April, and with plenty of on and off-ice entertainment, there's something for everyone. The season promises plenty of fast and furious action that will have you on the edge of your seat, from bone-crunching hits to last minute game-winning goals. Ticket availability to be announced.

belfastgiants.com

## **INTERNATIONAL FOOTBALL**

The Northern Ireland international team have been drawn in Group C to face Switzerland, Lithuania and Italy in the group qualifying stages of the FIFA World Cup 2022, kicking off in September 2021, You can book a visit to the Education and Heritage Centre at the National Football Stadium at Windsor Park to learn more about the history of football in Northern Ireland and follow the Green and White Army on social media with #GAWA

irishfa.com





## **GAELIC GAMES**

While Casement Park is closed for redevelopment, Gaelic games fixtures are currently being played in Corrigan Park in the west of the city. Gaelic Football, Hurling and Camogie are fast-paced action sports. The season runs from February until October with the All-Ireland finals taking place in Dublin's Croke Park. Check individual fixtures online. gaa.ie

## **HORSE RACING**

There's nothing like a day at the races and Down Royal Racecourse, located just outside Lisburn, has plenty of dates to put in the diary including the 2 day Down Royal Festival in November (including ladies day), the annual Boxing Day, St Patrick's

Day and May Day meetings and the Summer Festival of Racing in June. From great value Punters Packs to tapas and wine in the marquee, you can make it a truly memorable day out.

## GREYHOUND RACING

downroyal.com

Drumbo Park offers two action-packed race nights every week, so everyone's a winner! Wherever you sit to eat or have a drink, you can watch all the live racing action on large plasma screens, enjoying the electric atmosphere of a race night.

## drumbopark.com

## THE ANNUAL UNIVERSITY BOAT RACE

With the best view of the finish line guaranteed and BBQ included in your ticket, Queen's Sport Boathouse is the place to be on the second Saturday in June as Queen's Rowing and Dublin University Boat Club (Trinity College Dublin) battle it out on the River Lagan for the next edition of this prestigious Race.

queenssport.com

## TAKE PART

## **GOLF**

There's plenty of courses scattered throughout the city to enable you to keep your handicap down. From challenging parkland courses including Malone, Belvoir Park and Royal Belfast to relaxed 9 hole courses at Ormeau and Colin Glen. For a great night's craic with vour golfing buddies. the new Toptracer Range at Colin Glen offers a fun and techdriven experience or enjoy some fun in the rainforest at the Lost City Adventure Golf.



## BELFAST CITY MARATHON

This year the annual Belfast City Marathon takes place on Sunday 3rd October, and although entries are now closed, you can go to the route to cheer on the runners or volunteer to be part of the race day. belfastcitymarathon. com/volunteering



Don't waste your weekends lounging in your student flat, wouldn't it be more fun to get out and about for some high octane laughs? If you're looking for something a bit different... a bit of an adventure... Belfast has it by the bucket-load!

## **Colin Glen Adventure Centre**

Recently opened, Colin Glen's new world-class attractions bring some unmissable action to Belfast!

## The Black Bull Run

Ireland's first and only Alpine coaster! Experience this adrenaline-pumping woodland course and zoom through the dense woods of Colin Glen Forest at 25 miles per hour, twisting and turning through tunnels and trees to experience the outdoors like never before!

## **Ziplines**

Brave the all-new 235m and 700m ziplines, the Forest Flyover and River Rapid, and skim the treetops of the forest as you zip down the line at up

to 50 miles per hour, taking in the mind-blowing views over the city and valley of County Down!

Other activities include:

- SKYTrek high/low ropes climbing course
- Archery
- · Laser tag
- · 9-hole golf course
- TopTracer driving range
- · 3G pitches

Find out more at: colinglen.org



## Let's Go Hydro

This water sports resort offers a range of activities including an inflatable agua park, stand-up paddle boarding, wakeboarding, kneeboarding, kayaking, open water swimming, agua rugby and yoga & swim experiences. Glamping pods, café, BBQ pods, pizza restaurant and drive-in movie nights are also available. letsgohydro.com

## Axe Yard

Urban Axe Throwing is a really fun activity where you get to enjoy throwing axes at wooden targets. It's a group activity where you will play fun games and enjoy some friendly competition, so the more the merrier!

All bookings include a dedicated coach to teach you all you need to know – we aim to have you sinking axes in no time!

## axeyard.co.uk

## Vertigo Indoor Skydiving

Ireland's only indoor skydiving centre allows you to tick this exciting activity off your bucket list, without jumping out of an aeroplane. Put on the flight suit, helmet, goggles and earplugs and you're ready to spread your wings and fly.

Wearevertigo.com

## **Surf Belfast**

Experience the thrill of catching a wave indoors on Northern Ireland's first ever indoor surf simulator! Pumps fire a constant 5 metre wide wave sheet to challenge riders. Designed for a variety of age groups and skill levels. Surf Belfast has four different performance settings to ensure that the ride can be enjoyed by just about everyone... better.org.uk/ surf-belfast

## **Prison Island Belfast**

Gather a team of your friends to solve exciting challenges in our themed Prison Cells. There are 25 Cells that require a combination of intellectual, technical & physical skills. It's nou are free to leave a cell at any time.

## prisonislandbelfast .com

## GoT to Escape

Offering intelligent indoor entertainment with 3 Game of Thrones inspired escape rooms and one mystery room, each designed for a 60 minute game for up to five players.

## WORTH THE TRIP

## Thunder Park

Get your skates on at Ireland's only RESI-ramp action sports facility. Perfect for BMX, skate, inline-skate, scooters and more, the park has been designed for fun and training with expert tuition and equipment for hire. Eddieirvinesports. com/thunder-park

## Clearsky Adventure Centre

Located just 40 minutes from Belfast at Castle Ward, on the shores of Strangford Lough, offering a range of water and land based activities including coasteering, canoeing, archery, sea safaris, rock climbina & abseiling, raft build & race and mountain biking. clearsky-adventure .com

## The Jungle NI

Just a 45 minute drive from Belfast, awaits a daring adventure unlike any other. Adrenaline-packed activities include zorbing, paintball, high-wire tree-top adventure courses, clay pigeon shooting, forest segways, and llama trekking.



## BELFAST MAY BE COMPACT IN SIZE, BUT IT'S HUGE IN IMAGINATION!

MAKE SURE YOU SPEND SOME TIME INDULGING YOUR INTELLECTUAL SIDE AND SOAK UP SOME CULTURE IN THE CITY.

## **Ulster Museum**

An inspiring piece of modern architecture set in the beautiful Botanic Gardens, the Ulster Museum is the largest museum in Northern Ireland and is free to visit. Impressive galleries and interactive discovery zones bring history, science and art collections to life and its unparalleled collection of Irish art is well worth seeing.

## Galleries

Belfast has an impressive array of gallery spaces, displaying everything from the most contemporary visual art at the **Golden Thread Gallery** and contemporary photographic exhibitions at **Belfast** 

## Exposed to the freshest modern art in The MAC. The Naughton Gallery

The Naughton Gallery at Queen's features a rolling programme of works from the University's own collection, touring exhibitions and shows by local and international artists and the Atypical Gallery is the only permanent exhibition space in Ireland dedicated specifically to highlighting the work of disabled and D/deaf artists.

## **Space Craft**

Make a stop at the Fountain Centre where you'll find this lovely combination of shop and gallery, showcasing a range of ceramics, jewellery, sculptures, design items, fabrics, cards and art by local makers. The crafts exhibited change constantly and also showcase work by young, emerging artists.

## **The Bradley Gallery**

Terry Bradley is probably one of the most recognisable and collectable artists working in Ireland today, so make a stop at his pop-up gallery on the ground floor of Victoria Square. terrybradley.com



## **The Murals**

Once described as "the world's greatest open-air gallery", the murals of Belfast are a must-see experience. Artworks range from Republican and Lovalist political statements to colourful celebrations of the city's famous sons and daughters. The Peace Wall that divides two communities in West Belfast is home to a vibrant mix of political murals, graffiti and commissioned public art - stop by to add your own message of peace and hope.

## **Public Art**

Belfast has over 150 pieces of distinctive public art scattered across the city. Highlights include the 'Big Fish' on Donegall Quay, whose scales are made up of ceramic tiles decorated with texts and images relating to the history of Belfast, while the biggest art sculpture in the

city is 'Rise' - its concentric globes symbolising the rising sun and new hope for the city's future.

## **Linen Hall Library**

Founded in 1788, the Linen Hall Library is the oldest library in Belfast and the last subscribing library in Ireland. It is renowned for its unparalleled Irish and Local Studies Collection and is a tranquil reading nook in the heart of the city.



## **WORTH THE TRIP**

Northern Ireland's Nobel Prize winning poet, **Seamus Heaney**, is celebrated with an exhibition space and world class programme of literary events at **HomePlace** in Bellaghy.

## **SAVE THE DATE**



## CULTURE NIGHT 17-19 September 2021

To celebrate Culture Night safely this year, Writer's Square will be transformed into 'The Ogham Grove', a monumental, immersive sculpture and accompanying digital trail which will create a new unique and sensory experience for Belfast. culturenightbelfast.com

## ROYAL ULSTER ACADEMY OF ARTS

The RUA Annual Exhibition will be held at the **Ulster Museum** from **29 October 2021** to **2 January 2022**, showcasing original works across the disciplines of the visual arts by emerging and established artists. **royalulsteracademy.org** 

## **LATE NIGHT ART**

On the first Thursday of every month, over a dozen galleries in the city open their doors until 9pm, for an evening celebration of the vibrant visual arts scene in Belfast.

facebook.com/ latenightartbelfast **URBAN ART** 

Belfast has become a place where street artists from across the world gather to produce their work. Spend just a few minutes in the city centre and you'll notice the walls - there is street art to be explored everywhere. This generation of street artists are forming a vibrant and new narrative for the city.

The charming and historic Cathedral Quarter has the highest concentration of street art in Belfast. Some of the most iconic pieces include 'Blurry Eyed' on Talbot Street, 'Belfast Romances' on Victoria Street, 'The Chef' on High Street, 'Forzan' on Gresham Street, 'Pandora's Jar' on Donegall Street and 'The Duel of Belfast, Dance By Candlelight' on Hill Street.

Belfast's answer to Portugal's Umbrella Sky Project can be found just off Commercial Court, facing the Duke of York Pub, but this hidden entry is much more than a few umbrellas in the sky. Stand beneath these vibrant yellow brollies and look around and you will see caricatures of some of Belfast's most famous faces.

Make sure to check out professional London street artist Dan Kitchener's (DANK) two new murals in the Shankill area of the city. These stunning Japanese inspired murals are well worth a visit, where you'll find 'Night Taxi' on Enfield Street and 'Hope' (pictured) on Conor's Corner.

You can delve into this colourful world with the Google Map Street Art Guide, which is a great way of enjoying these wonderful art pieces at your own pace, or take the Belfast Street Art Walking Tour to gain an entertaining insider's view to the art, the artists, the process, and the political and cultural history of the area.







All university cities have student areas which tend to be swamped with offers and deals available exclusively by flashing your student card.

In Belfast, get familiar with the multitude of hotspots dotted along the leafy **Botanic Avenue** and around the Queen's Quarter. The majority of cafes and fast food outlets offer lovalty apps. so make sure to download to earn stamps for a welldeserved freebie. Keep an eve out for unlicensed eateries that allow you to bring your own bottle (BYO), so you can enjoy a nice meal out without worrving about the added cost of your drinks.

## **EAT OUT**

From local cuisine and fusion cooking, the city's diverse cultural traditions are also showcased with the very best of Chinese. Indian, Mexican, Spanish, Italian and Japanese food all well represented, so there's plenty to choose from. Check out BaoBun on Botanic Ave for exciting Taiwanese street food or award winning ramen shop. Bia Rebel on the Ormeau Rd, who make their own noodles, mix their own salts and dressings and source meat from small-scale. traditional local farmers.

## ST GEORGE'S MARKET

Swing by the market on a Friday, Saturday or Sunday and you can easily pick up a delicious and very affordable meal from one of the many different vendors. From filled crepes to paella and Indian food,

there's something to suit every taste bud. It's free to get in and is a great way to sample excellent local produce and eat great street food. Browse the stalls, grab a bite, enjoy the live music and soak up the cracking atmosphere in this Victorian gem.

## **COOK UP A STORM**

With your brand new student cookbook firmly in hand, give your culinary skills free reign and whip up your own sumptuous feasts, with ingredients from around the world. Take, a trip to a local deli or one of the many specialist food emporiums, with Asian and Bangladeshi supermarkets, Eastern European and African stores all within easy walking distance around the Queen's Quarter and Ormeau Rd area, the only limit on what you can make is your imagination!



## **TREAT YOURSELF**

Explore amazing delis such as Sawers on Fountain St and Avoca on Arthur St where you'll find a treasure trove of weird and wonderful ingredients. If you have a sweet tooth, don't miss a stop at Co Couture on Chichester St where you can buy locally made award-winning chocolates, Hotel Chocolat DISTILLERY on Donegall Square North or Oh Donuts on Upper Arthur Street.

## ART OF CRAFT

Craft beers and ciders continue to take the brewing world by storm, so join other beer lovers in sampling the delicious wares of local microbreweries and small scale producers. Some of the best places to sample some unusual brews are The Sunflower on Union St. The John **Hewitt** on Donegall St and

## The Errigle Inn on

Ormeau Rd. You can also hop on a train to take a tour at Lisburn's Hilden Brewery, which has been creating some of the finest quality craft beers for 35 years vou'll find many of their beers served in bars across the city.

## **EXPERIENCES**

While vou're here. make sure to take a trip out to tour one of the local spirit distilleries including Rademon Estate (Shortcross Gin), **Echlinville Distillery** (Jawbox Gin), Hinch Distillery & Gin School (Ruby Blue spirits range) or Old Bushmills (Bushmills whiskey).

The Belfast Gin & Spirits School offers classes where you can blend vour own masterpiece.

## TOP **PICKS**

## **Booium**

Serving great burritos, tacos, bowls, salads and nachos at a very reasonable price, this is a student favourite! Download their app to collect, track and redeem loyalty stamps to unlock free meals and bag yourself a coveted Booium Addict Tee, Located on Botanic Ave. Lisburn Rd. Great Victoria St & Chichester St.

## Maggie Mays

Another must is a Maggie Mays Ulster Fry, a plate loaded with bacon, sausage, egg, tomato, mushrooms, hash browns, soda bread, potato bread and pancake. Enjoy a vast menu of wallet friendly home cooking and seriously good milkshakes. at their Stranmillis, Botanic Ave. and Castle St locations

## **Common Market**

The tastiest street food that Belfast has to offer brought together under one roof. With food options for all and three fully-stocked bars, Common Market is a great place to eat, drink and socialise, all in the heart of the city. Open 12pmmidnight Thursday to Sunday at 16-20 Dunbar Street.

## **The Toast Office**

Originally opened as a pop-up hatch. The Toast Office has a new home at The Dark Horse on Hill Street. Do not miss checking out their mouth-watering, extra cheesy, amazing, grilled cheese sandwiches made using the finest local produce. Open Thursday-Sunday 11am-5pm.

## Pizza Express

This well-known chain offers students a whopping 30% off your food AND drink via UNIDAYS! There's 4 locations in Belfast to choose from, Bedford St. Victoria Square, Lisburn Rd & Ballyhackamore. T&C's at pizzaexpress.com/student

## **PUG UGLYS**



# COME, SIT, STAY GOOD PUNTER!

Welcome to Pug Uglys, a quirky Irish venue in the heart of Belfast

Food, Pints, Live Music, Comedy Club Weekly Quizzes & Live Sport on the Big Screen

> Contact us on hello@puguglys.com for more information or bookings!

## OPENING HOURS

Monday - Saturday | 12 noon - 1:00am Sunday | 12 noon - 12 midnight





#### THE DOFFER

#### **Donegall Square** South

In a city that celebrates its industrial heritage with pride, this downtown bar gives a nod to Belfast's linen heyday. Live music sessions and all the big screen sporting action can be enjoyed with great local beers and light bites.

#### **ROBINSON'S**

#### **Great Victoria Street**

Head up to the Pool Loft, a traditional sports bar hosting 8 Pool Tables and 5 mega surround screens showing all live sports. Pool, tasty grub and cold pints makes this just the spot for a guick lunch-time game, an after-work kickback or a weekend hideout!

#### SWFFT AFTON

#### **Brunswick Street**

Named after the poem by Scotland's favourite son Robert Burns, Sweet Afton is a relaxed traditional bar showing all major sporting events.

Food includes weekend I brunch, bar snacks, lunch, Sunday roast and dinner and there's great live music Thurs - Sun evenings.

#### **HENRY'S** Joy's Entry

Steeped in Belfast history, Henry's was named after Henry Joy McCracken, founder of the Society of the United Irishmen. As well as amazing pub grub, you can catch football, rugby, golf, boxing and more on the big screen behind the bar, giving you the perfect view!

#### THE KITCHEN BAR

#### Victoria Square

A Belfast institution dating back to 1859, you'll never miss a moment of the game at The Kitchen who claims to have the biggest screen in Belfast City Centre! Hearty home-cooked traditional food served all day.

#### THE HATFIELD **Ormeau Road**

Head up to The Liquor

Library sports bar and lounge to catch all the sporting action. It boasts 30 LCD screens with the capacity to screen six live events simultaneously, along with four pool tables and a roof garden.

#### THE EMPIRE

#### **Botanic Avenue**

The atmosphere can get pretty electric in this old converted church when there's a big match on, and if you're in the mood for celebrating come the final whistle you might as well hang about for some great live music.

#### THE ERRIGLE INN

#### Ormeau Road

Offering some of the best sports coverage that Belfast has to offer over 26 HD and 4K screens, Ideal for the beer connoisseurs amongst you, choose from a variety of over twenty different beers on tap from big brands to more unusual craft beers.

#### **CUTTERS WHARF**

#### Lockview Road, Stranmillis

Plasma screens and surround sound, showing all major sporting fixtures and events throughout the year, makes Cutters side terrace and sunset terrace area the perfect outdoor spot for all fans. Small plates, set menu and Sunday lunch menus available.

#### **PUG UGLY'S &** THE BONEYARD **Bedford Street**

A guirky dog-friendly Irish venue in the heart of Belfast with a great outdoor space. Come and enjoy pints, cocktails, good grub, live music, trad, comedy, quizzes and all the sporting action shown on the big screens.

For more inspiration. see visitbelfast.com

## MOUTE MA

Northern Ireland is currently the location of choice for many movie-makers/thanks to its tax relief incentives, funding, stenic backdrops and talented crews. There have been many top TV shows and Hollywood blockbusters filmed out on location and in the Titanic Studios in Titanic Quarter, but we also love a good old night at 'the flicks', so grab your poseern and 3D specs to explore the cinema scene in Belfast!

#### BIG SCREEN BLOCKBUSTERS

You can enjoy the latest big screen movie releases at a range of multi-screen cinemas across the city. The Odeon in Victoria Square offers 8 screens of movie magic, and if you sign up to myODEON membership for free, you get Saver tickets on selected shows Tuesday - Sunday and all-day on Member Mondays. **Omniplex Cinemas** have locations across NI including the Kennedy Centre in West Belfast.

including the Kennedy
Centre in West Belfast.
Student admission is £6
or you can take out a 'My
Omni Pass' subscription
and see every movie once
for £9.99 per month. Movie
House Cinema at the
Cityside Retail & Leisure
Park on York Street offer

a £4.50 ticket on 'Crazy

student admission at £6.

Tuesdays' with regular

#### QUEEN'S FILM THEATRE (QFT)

Belfast's only fulltime provider of nonmainstream cinema shows the very best in new and classic world cinema as well as an interesting and diverse programme of excellent small-budget, foreignlanguage and unusual screenings. This intimate venue boasts two screens, a spacious coffee/drinks bar and a modern lounge. LUMI Membership is free to join for anyone aged 26 or under, offering £4 tickets to standard screenings, discounted tickets for special events and loyalty points for ticket and bar purchases. queensfilmtheatre.com

## THE STRAND ARTS CENTRE

A jewel of art deco design, **The Strand** on Holywood Road dates back to 1935, with 4 screens offering new releases, classics, silver screenings, live events, a film club and heritage tours. Sign up for 15-24 membership to get discounted tickets at £4.50. **strandartscentre.com** 

### BELFAST FILM FESTIVAL

#### 4 - 13 November

Featuring a host of Northern Irish feature film premieres and the best of international cinema. The Belfast Film Festival believe that film should be an experience, and so, as well as presenting the best in new, short and classic cinema during our festival,



specific screenings and in person interviews and appearances from international film talent. In addition, the festival prides itself on experimenting with media in all its forms, by presenting audio visual performances and live film soundtracks. Belfast Film Festival also supports local talent with their short film competition, which provides a platform for fledgling filmmakers from across the island of Ireland to showcase their work. The festival's Northern Ireland independents section supports filmmakers who have made feature or mid length films. belfastfilmfestival.org

#### ONEMAGIC INTERNATIONAL FILM & TELEVISION **FESTIVAL FOR** YOUNG PEOPLE

This flagship festival takes place in venues across the city every October. There's an action packed screening and events programme for 4-25 year olds, showcasing the best of world cinema, presenting talent lab and creativity corner masterclasses with creative industry professionals, fun-filled film events, and the annual 'CineSeekers' and 'CineFocus' film iuries which offer participants a chance to become movie reviewers and choose the winning films of the festival. cinemagic.org.uk



#### **MOVIE TOURS**

If you're a fan of HBO's fantasy drama 'Game of Thrones', crime busting BBC drama 'Line of Duty' or the entertaining and loveable 'Derry Girls', make sure to take a tour of the filming locations to get behind the scenes and discover secrets about these award-winning series. To find out more, visit: britmovietours.com

## Belfast **Box Office**

Theatres have finally reopened and are ready to welcome you back! So, whether it's rising stars or established artists you're after, you'll find Belfast's entertainment scene in good shape!



The Grand Opera House

has recently completed a £12m restoration and opens its doors with performances from October, bringing the glitz of London's West End to the heart of Belfast, Shows to look out for include smash. hit musicals Six, Grease, Hairspray, School of Rock and The Rocky Horror Picture Show. You'll find a bit of local humour with Maggie's Fea Run and Give My Head Peace Live or enjoy a night of dance with The Nutcracker or Oti Mabuse. To get in the festive spirit make sure to see A Christmas Carol or this year's panto, Goldilocks & the Three Bears. Full programme online at:

goh.co.uk

The Lyric Theatre is the only full-time producing theatre in NI and has won a series of awards for its architecture. Choose from a superb programme taking place in their two performance spaces. Upcoming

performances include Rough Girls - the untold story of Belfast's first all-female football team, Moio Mickeybo - about the friendship between two boys growing up on opposite sides of the divide in 1970's Belfast and The Border Game - a timely and powerful reflection on 100 years of the border and how it has impacted those who live along it. Full programme online at:

lyrictheatre.co.uk

The SSE Arena, Belfast is the home of the Belfast Giants ice hockey team as well as hosting a top line-up of concerts, shows and sporting events. This coming year you can sing your heart out with Gary Barlow, Elton John, Snoop Dogg, 5 Seconds of Summer, Queen & Adam Lambert. The Script and Billie Filish. dance the night away at Lush! Classical, the Magic of Motown and Radio Ga Ga, enjoy a night of top comedy

with Colin Geddis, Paddy Raff, Shane Todd and John Bishop or enjoy classical performances from Michael Bell & Alfie Boe and Andre Rieu. Full programme online at:

ssearenabelfast.com

The Belfast Waterfront offers a packed programme of live entertainment throughout the year! Comedy highlights include Mrs Jones Diary, Jimmy Carr. Jimeoin. Rob Beckett. Adam Kay and Alan Carr. There's live music with Raa 'n' Bone Man, Jools Holland, Ryan McMullan, Australian Pink Floyd, The Fureys and Texas. You can enjoy an evening with Tim Peake, Ant Middleton or the Manchester United and Liverpool Legends and don't miss an extremely powerful and emotive performance from the very talented Diversity. Full programme online at:

waterfront.co.uk



The Victorian **Ulster Hall** dates back to 1862 and is home to the Ulster Orchestra, who perform regularly with both evening and lunchtime concerts. You can also check out live music performances from Nothing but Thieves, Billy Bragg, Gabrielle, Paul Weller, UB40, The Coronas, Deacon Blue

and Passenger. If you're up for a laugh check out Neil Delamere, Colin Murphy, Micky Bartlett, Emer Maguire, Jason Byrne and Daniel Sloss and there's tributes galore that bring the music of the Bee Gees, Queen, The Beatles and David Bowie.
Full programme online at: ulsterhall.co.uk

The 59th **Belfast International Arts Festival** returns 6 October – 7 November 2021, featuring theatre, performance and visual art, music and more with an extensive programme that gives audiences opportunities to both experience live performances again whilst also enjoying a selection of online events at home.

#### **WORTH FINDING**

Located in heart of Cathedral Quarter in St Anne's Square, **The MAC** brings music, theatre, dance and visual art under one roof. Open daily, you can also call in to browse the three free admission galleries before relaxing in the café bar. **themaclive.com** 

Also in Cathedral Quarter, **The Black Box** is home to
live music, theatre, literature,
comedy, film, visual art,
science, circus, cabaret and
all points in between! Check
out The Green Room Sessions
and the Comedy Lab events. **blackboxbelfast.com** 

#### The Crescent Arts Centre

in the Queen's Quarter provides classes and workshops in music, dance, spoken and written word for all ages and abilities, as well as live music performances, theatre, poetry open mic nights and other events.

#### crescentarts.org

Cultúrlann McAdam Ó
Fiaich in the Gaeltacht
Quarter is an Irish language
arts and cultural centre
where you can experience
traditional music, poetry
readings, céilís and workshops.
culturlann.ie

#### The Duncairn Centre

for Culture and Arts is located on the Antrim Road in the north of the city. It offers an intimate and authentic Belfast experience, from art exhibitions and workshops to concerts and live performances theduncairn.com



#### Ormeau Ave

This establishment has two concert venues, Limelight 1 and 2 with a cosy Irish bar positioned between the two. Katy's Bar, with the popular rock beer garden on its roof. From small upcoming bands to headline acts, Limeliaht is a premier show venue with a tiny pub atmosphere. all year round.

This converted church has provided live music and comedy since 1987, and has the best atmosphere anywhere south of the city, every weekend. Friday nights are dedicated to new local musicians, from folk to rock: the Empire Bar has staged many stars in their beginning, including Two Door Cinema Club and General Fiasco.

#### Queen's Square

Located just across from Custom House Square, McHugh's Basement Bar truly is a hidden gem. With the same traditional feel as the main bar, the basement is often used as an intimate live music venue. Over the years it has hosted established artists such as Sea Sick Steve, Kodaline and more.

The very first bar in Belfast to receive an entertainments license, The Errigle has a great history for excellent music and atmosphere. and has earned its reputation for serving fabulous food, drink and entertainment. Check out the weekly traditional or monthly bluegrass sessions, plus a range of live acts and DJ's in the upstairs Arbele Lounge.



Belfast Music Playlist Tune into our playlist of music from Belfast and Northern Ireland, A mix of genres past, present and future curated by Oh Yeah Music centre and guest artists. Scan the Spotify code below.



#### VOODOC

Fountain St Local music is at the heart of this well-established Belfast hotspot, adding a bit of spice for those who like things a little different. At night, the bottom bar takes on a very relaxed and moody atmosphere with regular DJs, open mic nights and singer song writers adding to

#### **SUNFLOWER BAR**

the ambience.

**Union St** Sunflower Public House has some of the best entertainment the city has to offer. Choose from Open Mic, Traditional Irish, Jazz & Blues or Appalachian and Americana sessions.

#### JOHN HEWITT

Donegall St Named after the legendary Northern Irish poet, this Cathedral Quarter bar showcases some of the best live music in the city from folk, jazz, blues, trad and everything in between. It's a must-see!

#### THE DIRTY ONION

Hill St

This rustic bar and beer garden puts the 'folk' in Belfast, lined with wooden benches, barrels and the finest whiskey in the city. The Dirty Onion inhabits one of Belfast's oldest buildings, honouring its Irish tradition with seven nights of music every week.

**Bedford St** Pug Uglys resident artists and quests bring you a mix of Traditional Irish Sessions, acoustic sounds and DJ sets.

#### **BLACK BOX**

Hill St

This original landmark building, built in 1850, is now home to a variety of traditional folk artists and modern musicians alike. The Green Room Sessions are an opportunity to catch one-off performances from quest artists as well as regular slots from an esteemed cast of local selectors.

The city hosts a wide variety of traditional music sessions where you'll find chat, cheer and ceol. Some of the best venues to experience 'trad' include Kelly's Cellars, Bank Square, The Dirty Onion in Cathedral Quarter. Fibber Magee's in the city centre, Hatfield House on Ormeau Rd or An Cultúrlann in the Gaeltacht Quarter. The Points on the Dublin Road prides itself on having one of the best Irish music scenes in Belfast.

Live events are subject to Covid-19 restrictions, so check with each venue for updated performance information.



IT'S STILL SAFER TO SOCIALISE OUTDOORS AND BELFAST HAS A HUGE SELECTION OF WATERING HOLES, BEER GARDENS, COURTYARDS AND ROOFTOP BARS THAT REMAIN DRY AND COSY ALL YEAR ROUND WITH HEATERS AND CANOPIES. HERE ARE A FEW OF OUR FAVOURITES....

#### The Dirty Onion

This old bonding warehouse has been transformed into one of Belfast's coolest bars. With its unmissable wooden facade and heated outdoor bar, The Dirty Onion is a great spot to enjoy a chilled pint on a sunny evening in the Cathedral Quarter. Open daily from 12 noon, no booking required.

#### thedirtyonion.com

#### The Bone Yard

A quirky outdoor venue on Bedford Street with picnic tables inside and out (available on first come, first served basis), or book a private living room container. Enjoy a wide range of drinks, watch live sport on the big TV screens and tuck into something from the onsite food trucks. Dogs are welcome too!

#### theboneyardbelfast.com

#### Cargo by Vertigo

CARGO is Belfast's largest open-air al fresco venue located in the heart of the Titanic Quarter, just under the Harland and Wolff cranes. Reserve a VIP container, ski gondola or cavern and enjoy tasty pizzas, Prosecco, colourful cocktails and cold pints!

wearevertigo.com/cargo

#### Babel Rooftop Bar & Garden

Babel Rooftop Bar & Garden is listed as one of Big 7 Travel's 50 Best European Rooftop Bars. Soak up the panoramic city views and enjoy modern, classic cocktails and homemade locally inspired sour-dough pizzas from the DoH seasonal pop-up kitchen. Open Thursday to Sunday. bullitthotel.com

#### **Cutters Wharf**

What better place to enjoy the sun than a lazy day down by the river? This scenic spot sits on the banks of the River Lagan and always has a buzzing atmosphere. It's the perfect space for relaxing



and enjoying delicious food, cocktails and barbecues throughout the summer months

#### cutterswharf.co.uk

#### The Perch Rooftop Bar

Travel up 5 floors in an old service elevator to discover The Perch, with its large centre bar surrounded by original window features, brick clad walls and adorned with birdcages and artwork. Sip on cocktails and sangria in the height of summer with blankets on hand if the evening turns cool.

#### theperchbelfast.com

#### The National

The National has created an epic new heated beer garden to chill out in! With full coverage over a huge heated space with two outdoor bars, why would you go anywhere else for your post lockdown nights out! It's time to get the cocktails flowing and good

times rolling! Open 7 days a week, 12pm-late.

#### thenationalbelfast.com

#### Kelly's Cellars

Built in 1720, Kelly's Cellars is one of Belfast's oldest traditional Irish pubs. Though not strictly a beer garden, the area in front of Kelly's Cellars transforms in summer with picnic benches, beer barrels and bar stools to perch on where you can enjoy live traditional music in the "garden sessions".

#### facebook.com/kellys.cellars

#### The Jailhouse

The Jailhouse offers a fantastic range of traditional food, local drinks and entertainment alongside the heritage of Joys Entry. Among the historical buildings in the entry, there's a cosy outdoor seating area that is often decked out for different seasons. No booking required. thejailhousebelfast.com

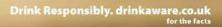
#### Folk Town

Belfast's newest food and drink park, located in Bank Square; Castlecourt. Currently open Thursday - Sunday, enjoy the containers filled with seating booths and historical images of Belfast or take a seat on one of the many benches under the tent. With pints, local spirits, Irish food truck and much more to enjoy.

#### White's Garden

Located off High Street, the garden at White's
Tavern re-ignites the legacy of the outdoor communal gatherings of the bar's surrounding streets in the 1700's, which housed the wine merchants of the day. Enjoy drinks in this historic and traditional tavern garden served with small plates, pizzas, rice bowls and signature traditional Irish dishes.

whitestavernbelfast.com





#HARPY DAYS



EST. 1959.

## HARP

IRISH LAGER



Belfast is a buzzing and diverse city offering a range of colourful events and vibrant nightlife. Home to the largest lesbian, gay, bisexual and transgender festival in Ireland, the city has a thriving LGBT+ community and gay scene.

#### **NIGHTLIFE**

Belfast's best gay bars and clubs\* are located in the city's Smithfield and Union Quarter area, north of the city centre on the edge of the Cathedral Quarter.

#### **Union Street Bar**

#### 8-14 Union Street

Situated in a 19th century shoe factory, Union Street Bar is one of the city's most stylish bars with a cool yet comfy vibe. Upstairs, the Green Room Cocktail Lounge is particularly worth a visit, and the adjoining Shoe Factory provides wacky entertainment, from bingo and karaoke to quizzes and cabaret. unionstreetbar.com

#### **Maverick Bar**

**1 Union Street** 

Maverick Bar on Union Street is a popular gay bar, well-loved for its eclectic live music nights and comedy shows. The open mic sessions are unmissable, taking place every Wednesday.

#### maverickbelfast.com

#### Kremlin

#### 96 Donegall Street

The city's most famous gay club\* is probably Kremlin on Donegall Street, A Soviet-style industrial opulence exudes throughout the venue's extravagant decor. with the Tsar Cocktail Lounge, the Long Bar and Red Square continuing the communist-chic vibe. A huge variety of theme nights, celebrity performances and the friendliest up-for-it clubbers gives Kremlin the reputation of being the best gay venue in Ireland. (\*reopening subject to Covid restrictions)

#### kremlin-belfast.com

#### **Other Bars**

Other gay-friendly bars include **Muriel's** on Church Lane, **The Spaniard** on Skipper Street and **The Bear and The Doll** on Little Donegall Street.

#### PRIDE

#### **Belfast Pride Festival**

Belfast bursts into a rainbow of colour every summer with Belfast City Hall lighting up in rainbow colours to celebrate Pride Day when the annual Pride Parade takes place at the end of July. This award winning festival is a celebration packed with a variety of events from film and music to drama and debate.

#### belfastpride.com

#### **More Information**

The **Belfast LGBT Centre** is located at 23-31 Waring Street in Belfast's Cathedral Quarter, which houses a number of charities including the

Rainbow Project and Cara Friend, providing counselling, befriending, information and a health and social space for the lesbian, gay, bisexual and transgender community.





## VisitBelfast Welcome Centre

## Offical Visitor Information for Belfast & Northern Ireland

Call in and discover what our city and the rest of Northern Ireland has to offer... you'll be surprised!

+44 (0)28 9024 6609 visitbelfast.com

Tickets and enquiries Bus & Train







While there's plenty to keep you entertained in Belfast, the city makes a great base for exploring the rest of Northern Ireland, so make the most of your weekends and plan your giant adventure!

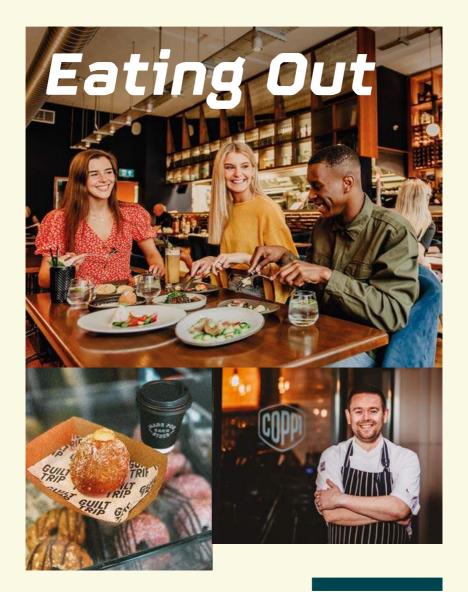
County Antrim's famously beautiful **Causeway Coastal Route** is the gateway to the Nine Glens of Antrim with Glenariff Forest Park at its heart. On the north coast you'll find the Giant's Causeway, a UNESCO World Heritage Site and make some time to explore the miles of north coast beaches which are renowned for great surfing.

A short trip by train or bus takes you to **Derry-Londonderry**, where there's plenty to see in the historical walled city, with its lively cultural scene, impressive architecture and a calendar of festivals. Shrouded in magic and majesty, the **Mourne Mountains** is an area of outstanding natural beauty, filled with dizzying peaks, rolling valleys, tranquil forests and golden coastline, just waiting to be discovered – it's an ideal location for hiking, climbing, trail running and mountain biking.

The Gobbins is Northern Ireland's most unique and dramatic coastal walk along an exhilarating and challenging two-milelong cliff-face path, which includes spectacular tubular and suspension bridges, caves, steps, and tunnels that are all carved through the rock. Pre-book online for this giant experience.

Take time to explore the **Cuilcagh Lakelands Geopark**, where you can explore the Marble Arch Caves, go island hopping in the unspoiled Fermanagh Lakes and walk the Cuilcagh Boardwalk Trail, also known as the Stairway to Heaven.





Belfast boasts an amazing choice of places to eat, offering everything from the traditional Ulster Fry breakfast, gourmet coffee bars and express lunch deals to tasty gastro pub fare, cosy bistros and award-winning fine dining, showcasing the very best fresh local produce available.

#### **KEY**

- (D4) Map grid location
- CC City Centre
- (a) Cathedral Quarter
- Titanic Quarter
- Linen Quarter
- Queen's Quarter
  Queen's Quarter

## Eating Out

#### visitBelfast

#### MODERN CUISINE

#### Actons 17 Brunswick Street

Situated in the heart of Belfast's Linen Quarter, close to the Grand Opera House, the Ulster Hall and many of Belfast's hotels. A modern, vibrant and relaxed restaurant, offering a menu that will appeal to all!

#### 028 9024 0239 actonandsons.com

#### Bert's Bar High Street

Bert's Jazz Bar is the first authentic jazz bar in Northern Ireland, offering an excellent selection of live jazz and mouthwatering food.

#### 028 9026 2713 themerchanthotel.com

03 00

#### Brights Restaurant 23/25 High Street

Award-winning Ulster fries, fish and chips, big bold burritos and tasty Tex Mex are among the many global classics served up at this fabulous café/deli.

#### 028 9024 5688 brightsrestaurant belfast.co.uk

03 00

#### Buba Belfast St Anne's Square

A fun and vibrant openplan eatery serving modern day Eastern Mediterraneaninspired food and cocktails. The menu is comprised of lots of small plate dishes, designed to share.

#### 028 9568 0162 bubabelfast.com

#### Cargo by Vertigo Queens Road Belfast BT3 9DT

Cargo's relaxed outdoor licensed restaurant brings back the buzzing and cosy atmosphere that the people of Belfast have missed. Enjoy a tasty & rustic 3 course meal whilst chilling out under our cosy teepees, making it one of the best places to eat out in a socially responsible setting.

#### 0870 0661 522 wearevertigo.com/ cargo



#### Cellar Restaurant Belfast Castle, off Antrim Road

Whether you're looking for morning coffee, a quick snack or a full evening meal, there's something to suit all tastes in this intimate and quaint eatery within historic Belfast Castle.

#### 028 9037 0133 belfastcastle.co.uk

#### Coco Restaurant

#### 7-11 Linenhall Street

The chic boutique surroundings of Coco welcome those who love to eat well, in style. Relax and enjoy locally sourced food, cooked to perfection.

#### 028 9031 1150 cocobelfast.com

**64 (0** 

#### Cutters Wharf Lockview Road, Stranmillis

Relax overlooking the

river with an intimate lunch or dinner. The extensive menu offers dishes ranging from reinterpreted classics to modern flavours, which are sure to tempt your taste buds.

#### 028 9080 5100 cutterswharf.co.uk



#### Deanes at Queens 1 College Gardens

With its glorious terrace, Deanes at Queens takes full advantage of its enviable location. Chris Fearon of Great British Menu fame serves up a variety of menu options.

#### 028 9038 2111 michaeldeane.co.uk



#### Deanes Meat Locker 28-40 Howard Street

When you combine the sheer skill of Deanes chefs with the superb quality of Hannan Meats and the accuracy of the Asador Grill you create a dining experience that simply excels.

#### 028 9033 1134

#### michaeldeane.co.uk



#### EDŌ

#### Upper Queen Street

A new, contemporary, European dining experience in the heart of the city offering tapas style sharing plates, robust meat and fish dishes and charcoal oven cooked steaks. 028 9031 3054

#### 028 9031 3054 edorestaurant.co.uk



#### Flame Restaurant 46 Howard Street

Flame's custom built 10ft Asador Grill and Tandoori ovens bring cooking to life. Soak up the relaxed, friendly atmosphere as you sit at your table overlooking the open kitchen.

#### 028 9033 2121 flamerestaurant.co.uk

**64 60** 

#### Ginger Bistro 7-8 Hope Street

Head chef Simon McCance specialises in fish without forgetting vegetarians and meat eaters. The award winning Ginger has a strong reputation for quality and value for money.

#### 028 9024 4421 gingerbistro.com

#### Granny Annie's Kitchen 81 Chichester Street

Casual destination for a comfort food menu served in front of a real fire in a brick-lined space. This Irish trad meets classic pub-grub diner brings the phrase "eat up, you're at your granny's" to a whole new belly-busting level!

#### 028 9032 1331 grannyannies.co.uk



#### Hadskis

#### 33 Donegall Street

An eclectic little dining room with a great kitchen counter, where you can taste an ever changing menu of daily specials alongside some classic European dishes.

#### 028 9032 5444 hadskis.co.uk

(D3) (CQ)

## Eating Out

#### Havana Bank Square 56-58 Berry Street

Serving seasonal food, the kitchen brings together its influences to create contemporary and ingredient led dishes. Enjoy the vibrant atmosphere with live music every Friday evening.

#### 028 9031 0809 havanabanksq.com ©3 ©0



A vibrant celebration of modern food influenced by the flavours of the Mediterranean, using local products from local, independent producers. Enjoy seasonal cuisine serving everything from casual lunch to plates you can share with your friends or family.

#### 028 9590 8444 44hillstreet.com



#### Holohan's Pantry 43 University Road

Located in the Queen's Quarter you'll find Belfast's only boxty house! Whether you're popping in for a quick lunch or relaxing dinner, you will find true Irish hospitality at its best in this family run restaurant.

#### 028 9029 1103 holohanspantry.co.uk



#### Home Restaurant 22 Wellington Place

Feel good food, throughout the day with morning coffee and pastries, a deli serving a selection of soups, salads, sandwiches and home baked treats. Lunch and dinner served in the restaurant.

#### 028 9023 4946 homebelfast.co.uk



#### Horatio Todds 406 Upper Newtownards Rd

Situated in Ballyhackamore, Horatio Todd's is an awardwinning, comfortable and welcoming local bar serving delicious dishes with a real emphasis on local produce.

#### 028 9065 3090 horatiotodds.com

#### Howard Street Restaurant 56 Howard Street

Serving up full-flavoured dishes created from the current season's ingredients sourced locally. Complementing the menu is a rejuvenated cocktail list and a range of artisan wines.

#### 028 9024 8362 howardstbelfast.com



#### Henry's Joy's Entry

Henry's, named after historic Belfast figure and United Irish man Henry Joy McCracken, has been a pub for over 100 years. Call into this Joys Entry bar for great drinks, traditional food, live music and plenty of history.

#### 028 9032 6711 henrysbelfast.com



#### James St 21 James Street South

James St really is the place where good food, wine and service come together in relaxed surroundings. Enjoy lunch specials from 12pm, pre-theatre from 5pm, an extensive a la carte menu, alongside weekend brunch and a great Sunday Roast.

#### 028 9560 0700 jamesstandco.com



## Fat & Drin

## BELFAST

#### **Restaurant Vouchers**

The Eat & Drink Belfast Restaurant Voucher allows you to choose from a mouth-watering selection of eateries from Michelin Star fine dining and quirky restaurants, to gastropubs and cafes.

visitbelfast.com/voucher

AVAILABLE TO PURCHASE AT **VISIT BELFAST WELCOME CENTRE** 



#### visitBelfast

#### Novelli at City Quays 90 Donegall Quay

Situated on the waterfront, with unparalleled views across Belfast Lough, the multi-Michelin-starred and 5-out-of-5 AA Rosette-winning chef Jean Christophe Novelli's Ireland début serves an authentic Mediterranean menu with locally sourced produce and all-day dining.

#### 

#### D3) CC

#### The Morning Star 17-19 Pottinger's Entry, Ann Street

Tuck into gargantuan steaks of quality assured Ulster beef and Irish stew. The kitchen also has a great sense of adventure - crocodile, shark and kangaroo all pop up from time to time.

#### 028 9023 5986 themorningstarbar .co.uk (63) (60)

#### The Muddlers Club Warehouse Lane, Waring St

Tucked away in the historic back streets of Cathedral Quarter is this modern, industrial-style restaurant named after a 200 year old secret society. The menus are a beautiful balance of local delicacies combined with the finest of international touches.

#### 028 9031 3199 themuddlers clubbelfast.com

#### 03 00

#### Ox Restaurant 1 Oxford Street

With an enthusiastic approach to seasonality, Michelin starred OX works every day to provide the best possible fine dining experience in a relaxed, riverside environment.

#### 028 9031 4121 oxbelfast.com

#### **64 60**

#### Ryan's Bar & Restaurant 116-118 Lisburn Road

A traditional menu with a fresh contemporary twist, from sharing platters to veggie grazers, farm quality assured steaks to Irish boxtys. A family friendly venue with a relaxed atmosphere.

#### 028 9050 9850 ryansbelfast.com



#### Shed Bistro

#### 467 Ormeau Road

The perfect lunch and dinner experience with a tantalising menu including chargrilled steaks, lamb, fresh fish, pasta, Belfast's best burger, daily specials and more

#### 028 9064 2630 shedbelfast.com



#### Shu Restaurant 253 Lisburn Road

One of the most renowned eateries in Belfast, Shu offers simple French influenced food using the best seasonal ingredients, served at a reasonable price, in an elegant location.

#### 028 9038 1655 shu-restaurant.com



#### Top Blade St Anne's Square

An affordable and accessible steak eatery specialising in flat iron steak as well as other cuts, burgers and light bites. Vegetarian and vegan customers can enjoy Top Blade's speciality seitan steak.

#### 028 9033 3311 topblade.co.uk

#### Yardbird 3 Hill Street

Yardbird is a free range rotisserie chicken restaurant. Here the chicken is marinated overnight before being cooked before your eyes on the restaurant's speciality Brazilian rotisserie.

#### 028 9024 3712 thedirtyonion.com

03 00

#### SEAFOOD

#### Deanes Love Fish 28-40 Howard Street

Seafood dominates the wide ranging menu but it is the extraordinary affordability of the signature dishes, excellent quality and presentation at Deanes Love Fish that will surprise and delight you.

#### 028 9033 1134 michaeldeane.co.uk

#### Fish City 33 Ann Street

Open all day serving breakfast, lunch and dinner using local and sustainably sourced food. As well as the traditional and award winning fish & chips, enjoy an extensive menu of seafood, meat and vegetarian dishes.

#### 028 9023 1000 fish-city.com

#### Mourne Seafood Bar 34-36 Bank Street

Fresh, locally sourced seafood traditionally prepared with an Asian or continental twist. Enjoy local ingredients, value for money and friendly service with shellfish sourced from Mourne's very own shellfish beds.

#### 028 9024 8544 mourneseafood.com



#### The Oyster Rooms 2-4 Winecellar Entry

Located above the historic White's Tavern, step upstairs to enjoy a menu of locally sourced, authentic Irish food alongside great drinks and live music.

#### 028 9031 2582 whitestavern belfast.com

03 00

#### **ITALIAN**

#### Coppi

#### St Anne's Square

Open seven days a week, Coppi specialises in simple Italian classics big on flavour and offers a range of cichetti (Italian style tapas), starters, main courses, pizzetta and pasta freshly made daily.

#### 028 9031 1959 coppi.co.uk

D3 CQ

## Eating Out

#### Deane and Decano 537 Lisburn Road

A stylish buzzing restaurant/café/bar with a distinctly Italian flavour. Located on the ever fashionable Lisburn Road, Deane and Decano is open for lunch, afternoon snacks & dinner.

028 9066 3108 michaeldeane.co.uk

#### Little Wing Pizzeria Ann Street/ Lisburn Road/ Upper Newtownards Road

Passionate about pizzas, Little Wing use time honoured methods to create traditionally made Naples style pizzas, prepared with the finest fresh ingredients.

028 9024 7000 littlewingpizzeria.com Italian dishes.





#### Scalini 85 Botanic Avenue

Whether you are seated under the stars or up in Romeo & Juliet's balcony, diners will feel they are actually there. With a superb selection of pizza, pasta and extensive grill dishes, eniov this Italian experience.

028 9032 0303 scalinirestaurant .co.uk

#### Villa Italia Restaurant 37-41 University Road

In the heart of the bustling Queen's Quarter, Villa Italia, is a firm favourite with visitors and locals. The extensive grill, pizza and pasta menu offers a selection of authentic

028 9032 8356

#### villaitaliarestaurant .co.uk

(C6) (QQ)

#### **ASIAN**

#### BaoBun 48 Botanic Avenue

Offering exciting, fresh, vegan friendly Taiwanese street food. All ingredients are cooked, steamed, baked and pickled in-house, with a mission to create fresh food fast.

#### 028 9032 9686 baobunbelfast.com

#### Cosmo Victoria Square

From the Chinese countryside and fishing villages of

Japan, to the food markets of Delhi and everywhere in between; experience your favourite dishes from around the world.

#### 028 9023 6660 cosmo-restaurants .co.uk

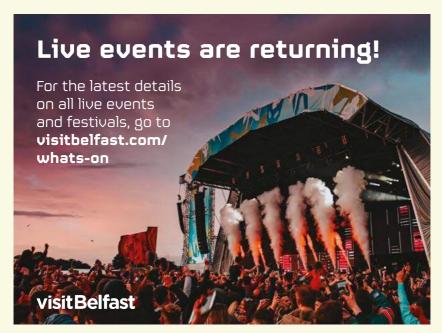


#### House of Zen St Anne's Square

Bringing a little bit of the Orient to the traditional cobbled streets of Cathedral Quarter. Offering a unique blend of Asian fusion cuisine, served up in cool, funky and relaxed surroundings.

#### 028 9027 8688 houseofzenbelfast .co.uk

(D3) (CQ)



#### visit Belfast

#### Mumbai Milano 11 Wellington Place

Located opposite the iconic Belfast City Hall, experience a beautiful, authentic dining experience that takes the best of Indian and Italian food culture to create a delicious fusion menu, using the best fresh local produce.

#### 028 9031 1101 mumbaimilano.co.uk



#### Sakura Sushi 82 Botanic Ave

Specialising in the art of sushi as well as offering a variety of fusion food. Carefully chosen dishes are prepared using only fresh ingredients; creating deliciously nutritious and naturally low fat cuisine.

#### 028 9043 9590 sakurabelfast.com



#### Wagamama Belfast Victoria Square

Inspired by delicious Japanese noodle bars and flavours. Wagamama offers an exciting and inclusive casual dining experience.

#### 028 9023 6098 wagamamani.com



#### 7<sub>o</sub>n

#### 55-59 Adelaide Street

The innovative menu offers a wide range of new and exciting Japanese style dishes including a plethora of 'Fusion cuisine' consisting of Japanese and Asian food with

#### a Western twist. 028 9023 2244 zenbelfast.co.uk



#### **MEXICAN**

#### La Taqueria 274-276 Ormeau Road

Authentic Mexican street food paired with fresh, creative cocktails and Mexican beers, Enjoy Quesadillas, Tacos and Quesos Fundidos with condiments allowing you to add your own level of spice.

#### 028 9064 4477 lataqueriabelfast.co.uk



#### CAFÉS / TAKEAWAY

#### Avoca Café 41 Arthur Street

The perfect spot to chill out in between all that shopping. Spacious with an eclectic vintage style, it features lots of delicious, freshlyprepared favourites from our awardwinning menu.

#### 028 9027 9955 avoca.com



#### The Dock The Arc, Titanic Quarter

#### Belfast's first Honesty of treats from Suki tea,

Box Cafe offers a variety gourmet coffee, hot soup, fresh sandwiches. scones, buns and cakes. The price is totally up to you. the-dock.org



SouthSide

#### **Guilt Trip** 4 Orangefield Lane, **EastSide** 497 Lisburn Road.

Guilt Trip proudly offers a wide selection of unique donuts made fresh in house each morning alongside some of the best coffee they could source.

#### guilttripcoffee.com



#### The Lamppost Café 19 Upper

#### **Newtownards Road**

A cosv. C.S Lewis themed cafe in the heart of East Belfast with vintage crockery and a warm and welcoming atmosphere. Family friendly and doa friendly.

#### 028 9058 0059 thelamppostcafe.com

#### ••••• Oh! Donuts & Coffee 55 Upper Arthur Street

Incredible coffee and handcrafted donuts are a match made in heaven, so this slick city centre venue delivers a taste of paradise.

#### 07790 907404 ohdonuts.co.uk



#### Starbucks

Castle Lane/Great Victoria St/Cornmarket/ Wellington Place/ Victoria Sq/CastleCourt/

#### Botanic Ave/Lisburn Rd

Starbucks are passionate about making perfect handcrafted beverages. Catch up with friends or just enjoy the relaxed atmosphere with a delicious range of coffee, tea and light bites.

#### 028 9023 6679 starbucks.ie





#### The Yellow Door 427 Lisburn Rd/ Hillsborough Castle

The Yellow Door Deli pride themselves on showcasing world class produce grown locally. Serving flavoursome food which is freshly baked and cooked in house. yellowdoordeli.co.uk



#### **CULINARY EXPERIENCES**

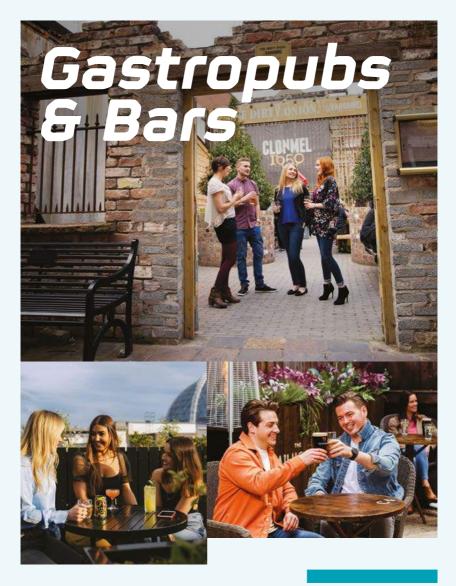
Improve your culinary skills with a fun and practical cookery class!

Waterman House Cookery School Cathedral Quarter 028 9560 0701 cookinbelfast.co.uk



**Forestside** Cookery School SouthSide 07709 827282

forestsidecookery school.com



Belfast city doesn't disappoint when it comes to a night on the town, with an abundance of traditional pubs, smart and stylish bars, big screen sports, live music venues, nightclubs and gay venues, there's something for everyone!

#### **KEY**

(D4) Map grid location

( Serves food

Traditional music

Live music

O DJ/Club

<sup>\*</sup>Venues are operating within current Coronavirus restrictions.

## Gastropubs & Bars

#### **CITY CENTRE**

#### Fountain Lane 16 Fountain Street

Established in 1901, make a stop at the newly refurbished Fountain Lane for fantastic food and drink with big screen sports, live local and trad music and great company, 7 days a week!

#### 028 9032 4769

fountainlanebelfast .com



#### The Jailhouse Joy's Entry

The Jailhouse, and adjoining sister bar Henrys, offers a fantastic range of traditional food, local drinks and entertainment alongside the rich history of their name sake Henry Joy.

#### 028 9032 6711

thejailhouse belfast.com



#### Kelly's Cellars

#### 30-32 Bank Street

One of the oldest pubs in Belfast, Kelly's Cellars remains resolutely old fashioned, with vaulted ceilings and an elbow worn bar, providing food, traditional music sessions & plenty of craic.

#### 028 9024 6058

kellyscellars.com



#### **McHughs**

#### 29-31 Queen's Square Housed in Belfast's

oldest building,
McHugh's offers
'traditionally modern
Irish cuisine' including
house specialty,
Boxty Potato Cakes.
Step down into the
basement for trad, folk,
blues, jazz and the best
alternative local music.

#### 028 9050 9999 mchughsbar.com

nichughsba

#### 03 **(4) (3)**

#### Margot

#### 18 Donegall Square East

Tucked away below street level is Margot, serving small plates, flat breads, creative cocktails and carefully curated drinks every day of the week. Late Late Club every Thursday to Sunday 10pm-late.

#### 028 9693 1211 margotbelfast.com

**64 (y)** 

#### The Morning Star

17-19 Pottinger's Entry
This historic pub dates
back to 1810 with the
original mahogany
counter and old terrazzo
floor. The upstairs
restaurant prides itself
on serving freshly
made food using
the best ingredients
sourced locally.

#### 028 9023 5986

themorningstarbar.com

**(3)** (**Y**)

#### The National

**62-68 High Street**An airy and sophisticated space

to relax and socialise with friends, it offers a paired back cocktail menu, simple but bold food menus and coffee that packs a punch.

#### 028 9031 1130 thenationalbelfast.com

03 **(y) 1** 

#### Revolución de Cuba 25-39 Arthur Street

The ultimate Cuban food, cocktail and fiesta experience. With dazzling handcrafted cocktails, dishes loaded with exotic flavours and full on tropical party vibes unlike anything you've experienced before!

#### 028 9590 9249 revoluciondecuba.com

(1) (1) (2)

#### The Sagart

#### 18a Chapel Lane

Enjoy artisan coffee, cocktails, wine and tapas at The Sagart. Enjoy live major sporting events and unmissable Gin tasting nights at one of Belfast's newest chic venues.

#### 028 9031 0809 facebook.com/ thesagart

**©4 (4)** 

#### Santeria

#### 19 Fountain Street

Laid back late night café bar complete with irresistible rhythms, funk and soul. Serving classic contemporary cocktails without pretension in the heart of Belfast City Centre. santeriabelfast.com

#### Voodoo

#### 9-11 Fountain Street

Relax in the intimate bottom bar or venture upstairs to the club and music venue. The lunch menu is a perfect blend of traditional and Cajun style dishes at very affordable prices.

#### 028 9027 8290 voodoobelfast.com



#### CATHEDRAL QUARTER

#### Babel Rooftop Bar and Garden

#### 70-74 Ann Street

Located on the top floor of Bullitt Hotel, Babel is a rooftop bar, garden and kitchen complete with panoramic city views across Belfast. Offering cocktails, sharing platters, live music and more.

#### 028 9590 0555 bullitthotel.com

03 **(y) (7** 

#### The Cloth Ear 35-39 Waring Street

The Cloth Ear's warm and welcoming interior provides the ideal environment to relax in style. Combining both modern and traditional elements with a healthy dose of the eccentric! Food served daily.

#### 028 9026 2719 themerchanthotel.com

(13) (11) (13)

## Gastropubs & Bars

#### The Dirty Onion

#### **3 Hill Street**

A modern take on the traditional Irish pub with live entertainment and great 'craic', 7 nights a week including open workshops in singing and traditional instruments, to sessions with traditional musicians.

#### 028 9024 3712 thedirtyonion.com



#### The Duke of York

**Commercial Court** A traditional Belfast bar, crammed with original mirrors and memorabilia. Cold beer, great Guinness and the largest selection of Irish whiskeys in Ireland.

#### 028 9024 1062 dukeofyorkbelfast.com

#### John Hewitt Bar 51 Donegall Street

The John Hewitt has a traditional style and is a popular venue for quality, live music with regular gigs and sessions ranging from jazz, traditional folk and Cajun.

#### 028 9023 3768 thejohnhewitt.com



#### The Northern Whig 2-10 Bridge Street

With a blend of luxury, comfort and glamour the Whia is dedicated to bringing you the best that Belfast has to offer in all aspects of hospitality with the best in local cuisine and specialist cocktails.

028 9050 9888 thenorthernwhig.com

(D3) (W) (J3)

#### **Sunflower Bar**

#### **65 Union Street**

The Sunflower is free of aimmicks and themes. where music is very much part of the pub's life. Hearty bowls of stew are served at the weekends.

#### 028 9023 2474 sunflowerbelfast.com



#### White's Tavern

#### 2-4 Winecellar Entry Built in 1630. Whites

Tavern serves a great selection of Irish and traditional food beers and of course. Guinness. They host live music every weekend including traditional Irish from local musicians with no cover charge.

#### 028 9031 2582 whitestavern belfast.com

(D3) (Y4)

#### LINEN **OUARTER**

#### The Bone Yard

#### 29-33 Bedford Street

A quirky outdoor venue in the heart of Belfast! There are picnic tables inside and out, or why not reserve one of the living room containers. Enjoy a wide range of drinks, big screen sports and food from the Pug Ugly and Tribal Burger Trucks. Dog friendly venue.

#### 028 9032 0030

theboneyardbelfast.com



#### Brennan's Bar 46-50 Great Victoria Street

Beyond the modern red brick exterior lies an attractive old-style mahogany & brass bar, stained glass panels and traditional snugs. Live music at weekends upstairs and downstairs and food served daily.

#### 028 9024 2986 facebook/ brennans-bar

(C4) (Y1) (J3)

#### **Crown Liquor Saloon** 46 Great Victoria Street

The ornate Victorian exterior and delightful interior make the Crown Bar Belfast's greatest treasure since 1884. Enjoy a unique selection of real ales and local brews with a great seasonal menu.

#### 028 9024 3187 nicholsonspubs.co.uk

(C4) (Y1)

#### **Limelight Belfast**

#### 17 Ormeau Avenue

The Limelight complex encompasses 2 great live music venues hosting international acts and local bands, as well as Katv's Bar and The Rock Garden rooftop terrace, open daily until late.

#### 028 9032 7007 limelightbelfast.com

(05) (1) (1)

#### The Perch **42 Franklin Street**

Enjoy cocktails and sangria in the summer or hot cider, winter warmer's and blankets in the winter at Belfast's highest rooftop bar.

#### 028 9024 8000 theperchbelfast.com (C4) (M) (N)

#### Pua Ualv's

#### 21 Bedford Street

Welcome to Pug Uglys, old dog, new tricks bringing you a guirky Irish venue in the heart of Belfast. Pub with grub, live music, trad, comedy, guizzes and more. 028 9032 0030

#### puguglys.com

(C5) (W) (A) (J)

#### Rita's

#### 44 Franklin Street

Rita's is one of Belfast's most lavish cocktail dens, located in the historic Linen Quarter. beside sister bars The Perch, Sweet Afton and Chinawhite. Join the talented bartenders to enjoy one of their many gins, a crafted cocktail or light bite.

#### 028 9024 8000 ritasbelfast.com

(4) (1)

Street

#### Robinsons 38-42 Great Victoria

Enjoy a pint in the Saloon Bar, fine food in the Bistro, live Irish music in Fibber Magees nightly, or even sing the night away in the Karaoke bar BT1.

#### 028 9024 7447 robinsonsbar.co.uk



#### Bar & Kitchen 12 Brunswick Street

Relax in this atmospheric American style bar offering an extensive beer & cocktail menu, a casual all day menu, big screen sports and live music every weekend.

#### 028 9042 8000 sweetaftonbelfast.com

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#### visitBelfast

#### QUEEN'S QUARTER

#### The Empire

40-42 Botanic Avenue
The heartbeat of
Belfast's live music
scene, The Empire
offers great live music,
a weekly comedy
club, food served daily
and shows all major
sporting fixtures.

028 9024 9276 thebelfastempire.com



#### The Points 44 Dublin Road

Named after a notorious Irish neighbourhood in 19th century America, this is a truly traditional Irish venue that replicates Belfast's culture and history. Come and listen to traditional Irish and folk music 7 nights a week, engage in great conversation and share

stories about the past. 028 9099 4124 thepointsbelfast.com



#### The Parlour

2-4 Elmwood Avenue
The ultimate student
haunt, with entertainment
every night, special drinks
offers and reasonably
priced food including the

popular Parlour Pizzas. 028 9068 6970 parlourbar.co.uk



#### SOUTH BELFAST

#### The Chelsea 346 Lisburn Road

A modern gastropub serving quality bistro food & drinks seven days a week, where you can unwind with sophisticated cocktails, grab a lazy Sunday brunch, find the perfect spot for a date night, or simply celebrate the weekend in style.

028 9068 7177 thechelseabar.com



#### Cutter's Wharf Lockview Road

Idyllically located on the banks of the Lagan, rowers and boats drift by this bright airy bar and restaurant making it the perfect spot for relaxing and enjoying the food and drink.

028 9080 5100 cutterswharf.co.uk

(D8) (W) (II)

#### The Doyen 829 Lisburn Road

The Doyen boasts a beautifully new designed traditional bar, perfect for listening to live music, sipping carefully crafted cocktails, watching the sport and enjoying a specially created gastropub menu.

028 9050 9950 thedoyenbelfast.com

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#### The Errigle Inn 312-320 Ormeau Road

A famous traditional pub offering 5 bars, roof gardens and a beer garden, serving food throughout.

028 9064 1410 errigle.com

(E8) (II) (E9)

#### Hatfield House

#### 130 Ormeau Road

Enjoy fusion inspired food served 7 days a week, live traditional music, all the sporting action, a roof garden, friendly staff and brilliant craic!

028 9043 8764 hatfieldhouse belfast.com



#### TITANIC OUARTER

#### Hickson's Point at Titanic Belfast

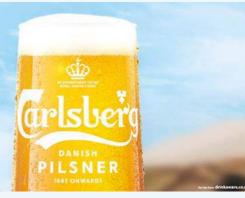
Titanic Belfast Queen's Road

Inspired by one of the first ship builders in the city, this authentic 1900's public house serves up the spirit of the shipyard with traditional music, entertainment, heritage décor and locally produced food.

028 9076 6386 titanicbelfast.com/ Hicksonspoint

E2 (Y) (S)

## The best beer in the world? Probably.



# SURVIVAL GUIDE:

#### ACCOMMODATION





Whether you are an undergrad or postgrad, and whether you want to live on campus or rent privately, there are a wide variety of accommodation choices open to students throughout the city. Queen's Accommodation offers options for students wishing to make a specific lifestyle choice, e.g. quiet living, no alcohol and single sex blocks, visit stayatqueens. com to help you get started. Ulster University provides apartment living in a modern student village full of facilities on the Jordanstown campus, and there are brand new ensuite rooms and apartments at 123 York Street beside the new Belfast campus. Visit ulster.ac.uk/ accommodation for further details. Both universities have a residential team on hand to offer students support and promote a weekly programme of social events.

#### WEATHER/CLIMATE

There's no such thing as bad weather, only the wrong clothes! We might be more famous for our rainy skies and beautiful greenery than we are for our blazing sunshine but Belfast is a city with a moderate climate. The local climate is characterised by equability - bringing relatively mild winters and cool summers. July is the hottest month with an average temperature of 18°C (64°F) and the coldest is January at 4°C (39°F).

#### TRAVEL CARDS



Tickets for Translink services can be made using the mlink App. Make sure to register for your free ylink or 24+ student travel card and link it in the app to take advantage of discounted 1/3 off travel. Visit **translink.co.uk/ylink** to get started.

#### BANKING

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As Northern Ireland is part of the UK, the local currency is GBP. If you need to change money or to open an account, you can do this online or drop into a city centre branch. Both QUB and UU offer help and advice

with any aspect of student finance, along with guidance and advice on general money management such as how to live on a budget or how best to deal with your student debt. Check out your University's information online or call into the Students Union.

#### DISCOUNTS





Many local shops and service providers offer great student discounts on everything from clothing and gym memberships to haircuts. You can sign up to UNIDAYS, TOTUM and Student Beans online or as both QUB and UU are members of the National Union of Students, your student ID card functions as an NUS student card and entitles students to a wide range of deals and discounts across the city and beyond.



#### WHAT'S ON

66)

There's normally plenty of activity happening in and around the Student Union. Check online for the frequently updated programme of events, QUB: qubsu.org/WhatsOn or UU: uusu.org. Visit Belfast's website also has plenty of information on ways to keep you entertained – from bars, restaurants, tours and fun things to do in and around the city. visitbelfast.com

PLACES OF WORSHIP @

Chaplains and other religious representatives are appointed by the Universities to represent and serve students and staff. The chaplaincy centres provide a focus for worship, a range of social events and activities, groups for prayer or study, in addition to pastoral care and counselling. Currently, 12 faiths and denominations are represented at Queen's. Ulster University campuses in Belfast and Jordanstown have a prayer and meditation room.

#### PART-TIME WORK



Part-time work can be a useful way of earning money and developing skills which are valued by graduate recruiters at the same time. QUB offers an On-Campus JobShop which advertises part-time jobs available in QUB Schools and Departments. In addition the off-campus JobShop helps students locate work with employers external to the university. You can also keep an eye out for opportunities at local retailers, bars and restaurants – many look for additional staff in the run up to Christmas.

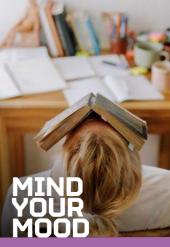
#### VOLUNTEERING





Student life is all about the experiences - or at least so we are told! While studying and partying may take up a lot of your time, making space for some voluntary work can really add value to your overall experience. Student volunteering is of course a great way to make a real contribution to a cause you feel strongly about, or it can give you the chance to participate in new experiences. Keep an eye out on social media for volunteering opportunities or check online at:

volunteernow.co.uk



If you're a 'uni newbie', you might be away from home for the first time – it's a big change, but there's loads of support services available to make that transition a little bit easier. You can reach out to the residential team at your accommodation, the student wellbeing team, your personal tutor or your peer mentor for help and support.

Once you get settled it can be a busy time, and stresses can mount up and really take their toll - so it's important to take the time to prioritise your own mental wellbeing.

Here's some tips that might help: get in a good sleep routine, be mindful of your environment, do something that you enjoy, cook or bake something tasty, make time for physical activity, listen to some music, decide who to spend time with and write a to-do list.

If you find yourself experiencing mental health difficulties which are preventing you from doing the things you wanto do, seek help – whethe through friends, family, a doctor, or your university support services.

## BELFAST CITY CENTRE GLIDER AND METRO BUS DEPARTURE POINTS



let's go together translink.co.uk



#### visitBelfast



## **Belfast Route Map**

#### WHICH SERVICE?

Metro – Bus services operating throughout the Belfast area. Metro and Glider tickets are interchangeable and can be used on both services.

Glider – A cross-city service, G1 runs between east and west Belfast and G2 runs between Belfast City Centre and Titanic Quarter. Glider and Metro tickets are interchangeable and can be used on both services.



**Ulsterbus** – Local bus services, serving all main towns and villages in Northern Ireland.

**Goldline** – Express coach services which link together the main towns and cities across Northern Ireland.

#### NI Railways / Enterprise -

Rail Services across Northern Ireland and from Belfast to Dublin.

#### **Airport Services -**

Bus services from Europa Buscentre to airports in Belfast, Dublin and Derry~Londonderry.

#### The Belfast Uni-Link Service

Uni-Link (163A) is a direct bus service between Queen's University, Ulster University York Street, Northern Regional College and Ulster University Jordanstown (also calling at Great Victoria St Belfast). Metro smart cards can be used on the Uni-Link bus service.

#### WHICH TICKET?

#### yLink Card

yLink is a free travelcard for all 16-23 years olds in Northern Ireland. You get 1/3 off all Translink bus and rail travel in Northern Ireland and up to 50% off Enterprise! Plus you also get discounts and offers from Translink partner business! \*yLink holders should use a ticket vending machine to buy their discounted tickets before boarding Glider.

#### 24+ Student Railcard

If you are 24 years of age or over and in full-time education you can get great savings on NI Railways with a massive 1/3 off single, day return, weekly and monthly tickets plus up to 50% off Enterprise fares. The free 24+ student railcard is valid for the academic year (September to August).

**DayLink** – unlimited day travel on Glider and Metro available for 1, 5 or 10 days.



#### yLink Travel at Your Fingertips

Buy NI Railways yLink & 24+ tickets and yLink Metro day tickets with the mLink app. Download now and get your free app on iPhone & Android.

Smartlink Weekly or Monthly Travel Card – unlimited travel on Glider and Metro for 1 week or 1 month.

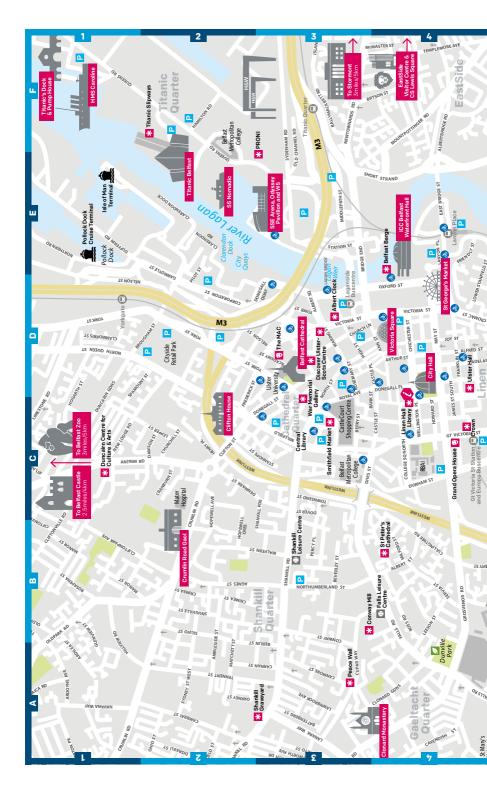
#### Multi Journey Smartlink Card – for inner, city or extended zone Metro and

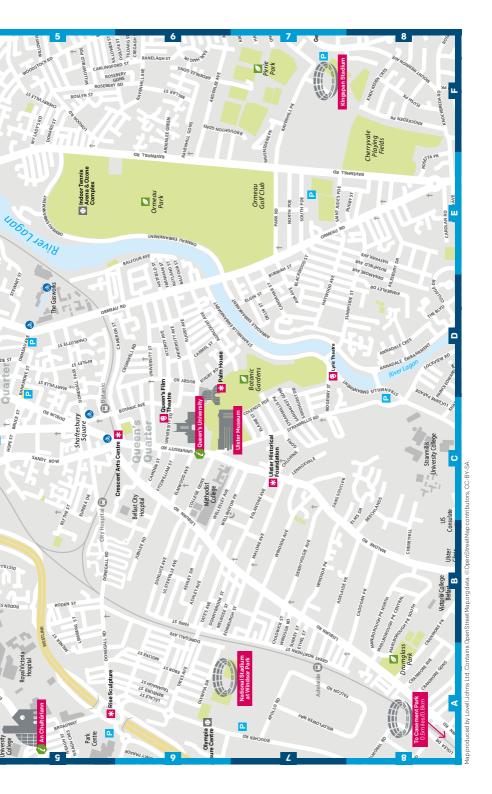
extended zone Metro and Glider journeys. Not valid for Glider journeys across the City Centre.

\* Before you board Glider you must always buy your ticket or tap your Smartcard at the validator.

Plan a journey or download a timetable at **translink.co.uk** or download the 'Translink NI' app from Google Play, Apple Store and Windows Store.

## let's go together





## Getting About

Belfast is compact and bijou, so getting around the city is easy on foot, by bike or by taxi. However, if you want to wander a little further afield then we've got a network of transport options which will get you to your desired destination.

#### TO/FROM AIRPORTS

#### George Best Belfast City Airport

is located 3 miles from the city centre. Airport Express 600 bus service runs from the airport terminal to the city centre.

#### Belfast International Airport is a 30

minute drive from Belfast. The Airbus Express 300 operates between the airport and Europa Bus Centre in the city.

#### JUST EAT BELFAST BIKES

Belfast Bikes is a simple, fun and inexpensive way to get around with 300 bikes and 30 docking stations positioned across the city centre. For just £6 you can get a three-day pass. The first 30 minutes of each trip is then free of charge, with 50p charges for each additional 30 minutes. To register, simply go online at

belfastbikes.co.uk, download the Nextbike app or call 034 3357 1551

#### TAXI HIRE

#### Value Cabs

Value Cabs have a fleet of over 650 vehicles offering a professional taxi service, sightseeing tours and executive vehicles. Debit/credit card payment facility available in every vehicle.

028 9080 9080 valuecabs.com

#### fonaCAB

fonaCAB has 400 cars and over 40 years' experience in the taxi industry. The services provided include airport transfers, executive cars and tours by taxi, on request.

028 9033 3333 fonacab.com

#### **CAR HIRE**

Renting a car is another great way to get around Belfast and to visit some of the many attractions throughout Northern Ireland. Providers available online at visitbelfast.com

#### PUBLIC TRANSPORT

Translink is responsible for Metro, Glider, Ulsterbus and NI Railways, operating a network of bus and rail services throughout Northern Ireland and on cross border routes.

028 9066 6630 translink.co.uk

#### COACH SERVICES

#### Aircoach

High frequency, high quality non-stop express coach service connecting Dublin City and Dublin Airport with Belfast. 00353 1844 7118

00353 1 844 711 aircoach.ie

#### The Airporter

A direct scheduled service between both Belfast airports and Derry/Londonderry. **028 7126 9996** 

airporter.co.uk

#### BELFAST VISITOR PASS

Offering unlimited travel around the city and exclusive discounts on a variety of attractions, tours, restaurants, cafés and shops. Available from the Visit Belfast

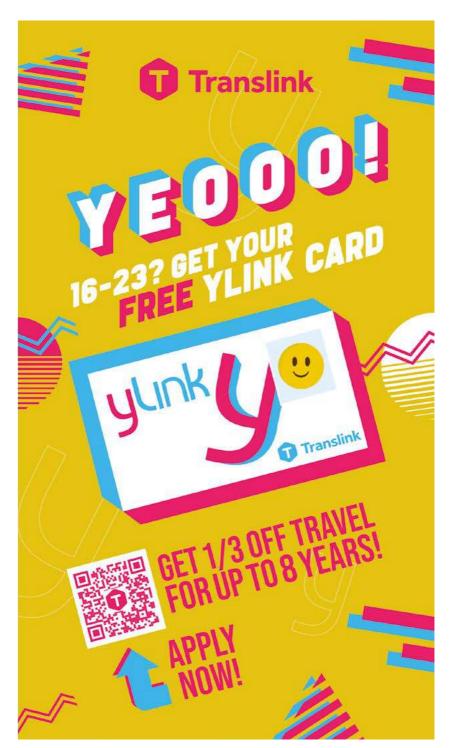
Welcome Centre

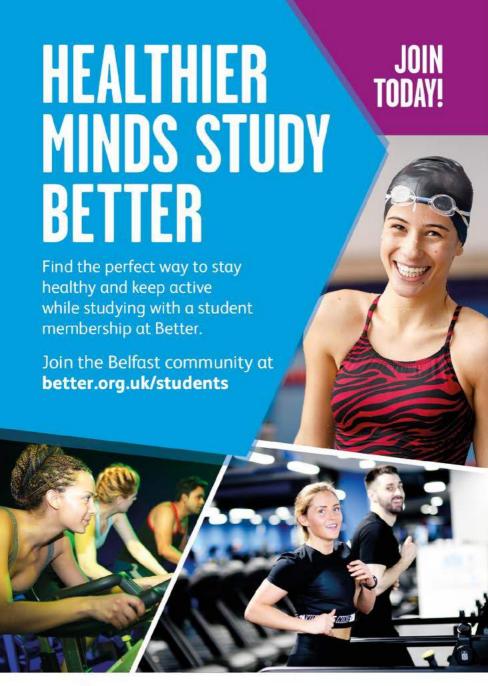


**Visit Belfast** 



Face coverings are mandatory on public and private transport services, taxis, stations and airports.







Relfast

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London SE18 65X. Inland Revenue Charity no: XRA3398